

L&D 2017 Sefton Park Cross Country Individual results

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat	Club	Cat Pos
1	1177	00:31:27	Charlie	Hulson	M	MOPEN	Liverpool Harriers & AC	1
2	1292	00:31:32	Daniel	Jarvis	M	MOPEN	Liverpool Harriers & AC	2
3	1413	00:32:26	Dejene	Gezimu	M	MOPEN	Liverpool Harriers & AC	3
4	1262	00:32:31	Liam	Burthem	M	MOPEN	Liverpool Harriers & AC	4
5	1313	00:33:31	Abdulqani	Sharif	M	MOPEN	Liverpool Harriers & AC	5
6	1419	00:33:47	Aaron	Jarvis	M	MOPEN	Liverpool Harriers & AC	6
7	1406	00:34:00	Kevin	Bell	M	MOPEN	Liverpool Harriers & AC	7
8	2879	00:34:36	Ben	Johnson	M	MOPEN	Southport Waterloo AC	8
9	1521	00:34:54	Matthew	Crehan	M	MOPEN	St Helens Sutton AC	9
10	1412	00:35:00	Richard	Burney	M	M40	Liverpool Harriers & AC	1
11	1427	00:35:18	Lee	Siemaszko	M	MOPEN	Liverpool Harriers & AC	10
12	2862	00:35:55	Mark	Dunham	M	M35	Southport Waterloo AC	2
13	1503	00:36:00	Chris	Maher	M	MOPEN	Penny Lane Striders	11
14	2881	00:36:01	Andrew	Kershaw	M	MOPEN	Southport Waterloo AC	12
15	1431	00:36:07	Ryan	Whiston	M	MOPEN	Liverpool Harriers & AC	13
16	1421	00:36:09	Jon	Mullen	M	MOPEN	Liverpool Harriers & AC	14
17	1411	00:36:13	Martin	Euan	M	MOPEN	Liverpool Harriers & AC	15
18	1393	00:36:30	Chris	Pownell	M	MOPEN	Knowsley Harriers	16
19	1525	00:36:42	Tom	Griffiths	M	MOPEN	St Helens Sutton AC	17
20	1557	00:36:55	Rob	Pearse	M	M40	Wallasey AC	2
21	1568	00:37:17	Dave	Brockway	M	MOPEN	Wirral AC	18
22	1573	00:37:46	Harley	Henshaw	M	MOPEN	Wirral AC	19
23	1522	00:38:08	Peter	Fairclough	M	MOPEN	St Helens Sutton AC	20
24	1460	00:38:18	Mark	Wynne	M	M40	Liverpool Pembroke & Sefton	3
25	1391	00:38:25	Tom	O'Dowd	M	MOPEN	Knowsley Harriers	21
26	1494	00:38:27	Lawrences	Eccles	M	MOPEN	Penny Lane Striders	22
27	1475	00:38:37	Jamie	Rutherford	M	MOPEN	Liverpool RC	23
28	1415	00:38:45	Glen	Goves	M	M45	Liverpool Harriers & AC	1
29	1420	00:38:47	Ian	Moran	M	MOPEN	Liverpool Harriers & AC	24
30	1418	00:38:49	Matty	Hughes	M	MOPEN	Liverpool Harriers & AC	25
31	1581	00:38:53	Steve	Spence	M	M45	Wirral AC	2
32	1372	00:38:54	Colin	Bishop	M	M45	Helsby RC	3
33	1416	00:38:56	Callum	Grant	M	MOPEN	Liverpool Harriers & AC	26
34	1434	00:38:57	Jonathon	Bride	M	MOPEN	Liverpool Pembroke & Sefton	27
35	1425	00:39:03	Adrian	Roach	M	M40	Liverpool Harriers & AC	4
36	1404	00:39:13	Matt	Skaife	M	MOPEN	Mossley Hill AC	28
37	1392	00:39:14	Robert	Owens	M	M35	Knowsley Harriers	3
38	1447	00:39:22	Joe	Gordon	M	MOPEN	Liverpool Pembroke & Sefton	29
39	2867	00:39:27	David	Hamilton	M	M50	Southport Waterloo AC	1
40	1518	00:39:29	Steve	Anders	M	M35	St Helens Sutton AC	4
41	1399	00:39:30	Will	Hine	M	MOPEN	Mossley Hill AC	30
42	1472	00:39:34	Ian	Magill	M	M45	Liverpool RC	4
43	1594	00:39:47	Matthew	Goodwin	M	M35	UTS RC	5
44	1388	00:39:49	Stephen	Doyle	M	M40	Knowsley Harriers	5
45	1455	00:40:03	Kyle	Nicholls	M	MOPEN	Liverpool Pembroke & Sefton	31
46	1577	00:40:17	Daniel	Morgan	M	M35	Wirral AC	6
47	1519	00:40:18	Craig	Brighton	M	MOPEN	St Helens Sutton AC	32

48	1488	00:40:22	Alex	Cowin	M	M35	Penny Lane Striders	7
49	1375	00:40:24	Chris	Fitzpatrick	M	M40	Helsby RC	6
50	1474	00:40:31	Alex	Rigby	M	MOPEN	Liverpool RC	33
51	1507	00:40:35	Phil	Riding	M	M40	Penny Lane Striders	7
52	1533	00:40:39	Andrew	Wilson	M	M45	St Helens Sutton AC	5
53	1529	00:40:41	David	Twigg	M	MOPEN	St Helens Sutton AC	34
54	1485	00:40:43	Jay	Clarke	M	MOPEN	Penny Lane Striders	35
55	1461	00:40:54	Patrick	Boyle	M	M40	Liverpool RC	8
56	1496	00:41:06	Rob	Garth	M	MOPEN	Penny Lane Striders	36
57	1359	00:41:17	James	Morgan	M	MOPEN	Chester Tri	37
58	1451	00:41:22	Sean	Kirkbride	M	MOPEN	Liverpool Pembroke & Sefton	38
59	1566	00:41:24	Jay	Walker	M	MOPEN	Wallasey AC	39
60	1405	00:41:25	Paul	Owens	M	M50	Liverpool Harriers & AC	2
61	1368	00:41:29	Simon	Wilde	M	M45	Chester Tri	6
62	1603	00:41:44	Bryan	Stevenson	M	M35	UTS RC	8
63	1516	00:41:45	Kevin	Walker	M	M40	Skelmersdale / Boundary AC	9
64	1559	00:41:50	Phil	Cuthbert	M	M40	Wallasey AC	10
65	1578	00:41:57	Kieran	Morgan	M	MOPEN	Wirral AC	40
66	1567	00:41:59	Richard	Bargh	M	MOPEN	Wirral AC	41
67	1463	00:42:07	Matt	Clair	M	MOPEN	Liverpool RC	42
68	1492	00:42:09	Colin	Dobbs	M	M40	Penny Lane Striders	11
69	1366	00:42:19	Michael	Waring	M	M50	Chester Tri	3
70	1355	00:42:27	Dave	Brown	M	M50	Chester Tri	4
71	1524	00:42:27	John	Greenall	M	M50	St Helens Sutton AC	5
72	1445	00:42:31	Danny	Gilbody	M	MOPEN	Liverpool Pembroke & Sefton	43
73	1429	00:42:33	Stephen	Tod	M	M45	Liverpool Harriers & AC	7
74	3034	00:42:57	Peter	Roome	M	M50	Southport Waterloo AC	6
75	3038	00:42:59	Gareth	Simpson	M	M50	Southport Waterloo AC	7
76	1224	00:43:00	Mark	Riley	M	MOPEN	St. Helens Striders	44
77	1584	00:43:03	Karl	Budworth	M	M45	Widnes RC	8
78	1360	00:43:07	Chris	O'Hara	M	M40	Chester Tri	12
79	1484	00:43:11	Simone	Capponi	M	M40	Penny Lane Striders	13
80	1535	00:43:12	Tony	Batbat	M	M55	Wallasey AC	1
81	1381	00:43:13	Ian	Rutherford	M	M45	Helsby RC	9
82	1459	00:43:18	Guy	Roberts	M	MOPEN	Mossley Hill AC	45
83	1364	00:43:20	Stephen	Spall	M	M50	Chester Tri	8
84	3039	00:43:21	John	Sprackland	M	M55	Southport Waterloo AC	2
85	1532	00:43:21	Jake	Healy	M	MOPEN	St Helens Sutton AC	46
86	1555	00:43:34	Colin	Palmer	M	M55	Wallasey AC	3
87	2864	00:43:40	Ian	Fitzpatrick	M	M55	Southport Waterloo AC	4
88	3046	00:43:43	Richard	Talbot	M	M50	Southport Waterloo AC	9
89	1563	00:43:50	Matt	Gillbanks	M	M45	Wallasey AC	10
90	1444	00:43:53	Mike	Gall	M	MOPEN	Liverpool Pembroke & Sefton	47
91	2880	00:43:56	Rob	Johnson	M	M60	Southport Waterloo AC	1
92	1422	00:44:02	Colin	Potts	M	M50	Liverpool Harriers & AC	10
93	1384	00:44:05	Phillip	Tomkinson	M	MOPEN	Helsby RC	48
94	1408	00:44:10	John	Connolly	M	M40	Liverpool Harriers & AC	14
95	1542	00:44:11	Jon	Hogg	M	M35	Wallasey AC	9
96	1354	00:44:14	Simon	Hodson	M	M35	Chester Tri	10
97	1442	00:44:14	Steven	Foley	M	M45	Liverpool Pembroke & Sefton	11

98	1500	00:44:23	John	Jensen	M	M40	Penny Lane Striders	15
99	2888	00:44:23	Carl	McMahon	M	M50	Southport Waterloo AC	11
100	1409	00:44:24	Kevin	Cornwall	M	M35	Liverpool Harriers & AC	11
101	1528	00:44:24	Ian	Roberts	M	M40	St Helens Sutton AC	16
102	1380	00:44:31	Peter	Rodriguez	M	M35	Helsby RC	12
103	1476	00:44:33	Alan	Sanderson	M	M35	Liverpool RC	13
104	1571	00:44:40	Simon	Fox	M	M50	Wirral AC	12
105	1396	00:44:43	Dominic	Cooper	M	MOPEN	Mossley Hill AC	49
106	1428	00:44:47	Olli	Tikkanen	M	M35	Liverpool Harriers & AC	1
107	1449	00:44:48	Mike	Hitchmough	M	M50	Liverpool Pembroke & Sefton	13
108	2502	00:44:55	Patrick	Hickey	M	M40	Ellesmere Port AC	17
109	1560	00:44:56	Phil	Dabner	M	M50	Wallasey AC	14
110	1523	00:45:00	Barry	Graney	M	M45	St Helens Sutton AC	12
111	1505	00:45:01	Michael	O'Rourke	M	MOPEN	Penny Lane Striders	50
112	1387	00:45:03	Michael	Connor	M	M50	Knowsley Harriers	15
113	1453	00:45:10	Daryl	Mullen	M	M50	Liverpool Pembroke & Sefton	16
114	1514	00:45:10	Lee	Size	M	M50	Skelmersdale / Boundary AC	17
115	1480	00:45:11	Aaron	Wilson	M	MOPEN	Liverpool RC	51
116	1537	00:45:28	John	Bassett	M	M50	Wallasey AC	18
117	1482	00:45:41	Andrew	Biddle	M	M40	Penny Lane Striders	18
118	1520	00:45:45	Ian	Costello	M	M45	St Helens Sutton AC	13
119	1497	00:45:52	Mal	Gordon	M	M35	Penny Lane Striders	14
120		00:45:54	Susan	Fourie	F	F40	Chester Tri	1
121	1352	00:45:55	Jonathan	Goulding	M	M50	Chester Tri	19
122	1468	00:46:01	Matt	Helm	M	M55	Liverpool RC	5
123	1456	00:46:16	Chris	Pedder	M	M60	Liverpool Pembroke & Sefton	2
124	2865	00:46:18	Peter	Gale	M	MOPEN	Southport Waterloo AC	52
125	1554	00:46:19	Steve	Cosgrove	M	MOPEN	Wallasey AC	53
126	1395	00:46:20	Peter	Brooks	M	MOPEN	Mossley Hill AC	54
127	1508	00:46:22	Thomas	Rimmer	M	MOPEN	Penny Lane Striders	55
128	1357	00:46:36	Ian	Jelley	M	M40	Chester Tri	19
129	1597	00:46:38	Mark	Hansen	M	M35	UTS RC	15
130	1377	00:46:40	Ian	Hamling	M	M35	Helsby RC	16
131	1545	00:46:42	Nick	Holt	M	M40	Wallasey AC	20
132	1121	00:46:43	Tadie	Abeki	M	M45	Knowsley Harriers	14
133	1401	00:46:51	Tony	Metcalfe	M	M60	Mossley Hill AC	3
134	1371	00:46:54	Tom	Sirett	M	MOPEN	Ellesmere Port AC	56
135	1398	00:47:00	Timo	Giesbrecht	M	M40	Mossley Hill AC	21
136	2886	00:47:00	Andrew	Logan	M	M40	Southport Waterloo AC	22
137	1589	00:47:08	Paul	Roberts	M	M40	Widnes RC	23
138	1452	00:47:10	Des	McIvor	M	M50	Liverpool Pembroke & Sefton	20
139	1362	00:47:12	John	Robb	M	M50	Chester Tri	21
140	1356	00:47:14	Greg	Hughes	M	M45	Chester Tri	15
141	1495	00:47:19	Nigel	Foo	M	M45	Penny Lane Striders	16
142	1379	00:47:22	Stephen	Riley	M	M50	Helsby RC	22
143	1569	00:47:23	Paul	Collins	M	M50	Wirral AC	23
144	1378	00:47:24	David	Michell	M	M40	Helsby RC	24
145	2859	00:47:32	Brian	Davey	M	M60	Southport Waterloo AC	4
146	1605	00:47:57	Nadine	Weeks	M	F35	UTS RC	1
147	1551	00:48:00	Dave	McKinlay	M	MOPEN	Wallasey AC	57

148	1548	00:48:03	Dave	McAlister	M	M55	Wallasey AC	6
149	1462	00:48:04	Robert	Burke	M	M50	Liverpool RC	24
150	1386	00:48:11	Michael	Williams	M	M35	Helsby RC	17
151	1595	00:48:13	Roger	Graham	M	M40	UTS RC	25
152	1598	00:48:14	Alex	Irvin	M	M35	UTS RC	18
153	1465	00:48:16	Graham	Cushion	M	M40	Liverpool RC	26
154	1506	00:48:17	Steve	Pemberton	M	M60	Penny Lane Striders	5
155	1437	00:48:19	Andy	Conway	M	M50	Liverpool Pembroke & Sefton	25
156	1351	00:48:27	Jonathan	Davies	M	M55	Chester Tri	7
157	1491	00:48:45	Stephen	Dipple	M	M40	Penny Lane Striders	27
158	2756	00:48:47	Steve	Taylor	M	M60	Preston Harriers	6
159	1544	00:48:49	Steve	Catterall	M	M45	Wallasey AC	17
160		00:48:50	Kirsty	Seddon	F	F35	Chester Tri	2
161	1367	00:48:51	Nigel	Waterhouse	M	M50	Chester Tri	26
162	1600	00:48:54	Zoe	Pearse	M	FOPEN	UTS RC	1
163	1363	00:49:04	Sean	Simmons	M	M45	Chester Tri	18
164	1511	00:49:06	Mark	Glaister	M	M55	Skelmersdale / Boundary AC	8
166	2847	00:49:08	Neil	Adshead	M	M50	Southport Waterloo AC	27
165	1458	00:49:08	James	Thompson	M	MOPEN	Liverpool Pembroke & Sefton	58
167	1487	00:49:09	Richard	Costain	M	MOPEN	Penny Lane Striders	59
168	3035	00:49:11	Neil	Silcock	M	M40	Southport Waterloo AC	28
169	1389	00:49:13	Andrew	Glen	M	M50	Knowsley Harriers	28
170	1493	00:49:13	Kevin	Dunn	M	MOPEN	Penny Lane Striders	60
171	1599	00:49:40	Jo	Irvin	M	F35	UTS RC	3
172	1604	00:49:44	Michael	Stone	M	M55	UTS RC	9
173	3049	00:50:05	Mike	Walker	M	M60	Southport Waterloo AC	7
174	1361	00:50:07	Paul	Plested	M	M55	Chester Tri	10
175	1358	00:50:11	Neil	Jenkins	M	M50	Chester Tri	29
176	1550	00:50:23	Martin	Connell	M	M45	Wallasey AC	19
177	1450	00:50:25	Mark	Hudson	M	M55	Liverpool Pembroke & Sefton	11
178	1489	00:50:27	Conal	Cunningham	M	M40	Penny Lane Striders	29
179	1572	00:50:30	Dave	Gain	M	MOPEN	Wirral AC	61
180	1473	00:50:38	George	Pierce	M	M45	Liverpool RC	20
181	1403	00:50:50	Helen	Davies	F	F35	Mossley Hill AC	4
182	1590	00:50:54	Roger	Seddon	M	M50	Widnes RC	30
183	1549	00:51:09	Derek	McArdle	M	M50	Wallasey AC	31
184	1556	00:51:13	Brian	Parrington	M	M35	Wallasey AC	19
185	2883	00:51:17	Graham	Liu	M	M50	Southport Waterloo AC	32
186	1504	00:51:32	Joe	McGlynn	M	M60	Penny Lane Striders	8
187	1486	00:51:38	Robert-Jon	Cooper	M	M35	Penny Lane Striders	20
188	3054	00:52:00	Gareth	Williams	M	M50	Southport Waterloo AC	33
189	1541	00:52:14	Alex	Hogg	M	M35	Wallasey AC	21
190	1579	00:52:16	Chris	Prout	M	M45	Wirral AC	21
191	1587	00:52:26	Rob	Lloyd	M	M45	Widnes RC	22
192	1397	00:52:28	Lisa	Crosby	M	M35	Mossley Hill AC	22
193	1483	00:52:37	Tommy	Burke	M	M65	Penny Lane Striders	1
194	1400	00:52:38	Graham	Lloyd	M	M45	Mossley Hill AC	23
195	1382	00:52:50	Andy	Smith	M	M55	Helsby RC	12
196		00:53:10	Sharon	Plested	F	F50	Chester Tri	1
197	1402	00:53:28	Chris	Wiliam	M	M45	Mossley Hill AC	24

198		00:53:28	Rosemary	Symms	F	F60	Chester Tri	1
199	1426	00:53:49	David	Rowe	M	M55	Liverpool Harriers & AC	13
200	1534	00:54:16	Steve	Armstrong	M	M45	Wallasey AC	25
201	1390	00:54:32	William	Merritt	M	M55	Knowsley Harriers	14
202	1365	00:54:53	David	Taylor	M	M55	Chester Tri	15
203	1536	00:55:17	Pete	Barham	M	M45	Wallasey AC	26
204	2869	00:56:33	Billy	Hargreaves	M	M70	Southport Waterloo AC	1
205	1509	00:57:26	James	Roberts	M	MOPEN	Penny Lane Striders	62
206	1602	00:57:33	Phillip	Stanley	M	M50	UTS RC	34
207	1440	00:57:59	John	Dobie	M	M70	Liverpool Pembroke & Sefton	2
208	2878	00:58:12	Ian	Pike	M	M40	Southport Waterloo AC	30
209		00:58:45	Sally	Napthen	F	F55	Chester Tri	1
210		00:59:36	Jane	Ashley	F	F45	Chester Tri	1
211	1562	00:59:51	Dermot	Ferguson	M	M50	Wallasey AC	35
212	1481	01:00:07	Kenny	Worrall	M	M50	Liverpool RC	36
213	1540	01:00:13	Mike	Griffiths	M	M40	Wallasey AC	31
214		01:02:02	Melanie	Hughes	F	F45	Chester Tri	2
215	2857	01:03:08	Lee	Coupland	M	M40	Southport Waterloo AC	32
216	1543	01:06:08	Pete	Brunt	M	M50	Wallasey AC	37
217		01:07:56	Nicola	Perrins	F	F45	Chester Tri	3