

Liverpool and District XC
Race 2: Sefton Park | Sat 26th Nov 2016

Pos	No	Time	Forename	Surname	M/F	Cat	Club
1	1369	00:31:09	John	Ashcroft	M	LD	LIVERPOOL HARRIERS & AC
2	1057	00:31:13	Matt	Jackson	M	LD	LIVERPOOL HARRIERS & AC
3	1373	00:31:36	Richard	Burney	M	LD	LIVERPOOL HARRIERS & AC
4	1548	00:32:30	Phil	Robertson	M	LD	WIRRAL AC
5	2405	00:32:37	Ben	Johnson	M	LD	SOUTHPORT WATERLOO AC
	1371	00:32:40	Kevin	Bell	M	LD	LIV HARRIERS (ineligible)
6	1423	00:33:12	Martin	Swensson	M	LD	PENNY LANE STRIDERS
7	2415	00:33:29	Lewis	Rooney	M	LD	SOUTHPORT WATERLOO AC
8	2423	00:33:48	Ciaran	Walsh	M	LD	SOUTHPORT WATERLOO AC
9	1378	00:34:02	Charla	Hassan	M	LD	LIVERPOOL HARRIERS & AC
10	1468	00:34:06	Tom	Griffiths	M	LD	ST HELENS SUTTON
11	1543	00:34:10	Phil	Langan	M	LD	WIRRAL AC
12	1467	00:34:14	Matthew	Crehan	M	LD	ST HELENS SUTTON
13	1390	00:34:27	Ryan	Whiston	M	LD	LIVERPOOL HARRIERS & AC
14	1370	00:34:28	Alan	Ashton	M	LD	LIVERPOOL HARRIERS & AC
15	2402	00:34:31	David	Hamilton	M	LD	SOUTHPORT WATERLOO AC
16	2400	00:34:49	Mark	Dunham	M	LD	SOUTHPORT WATERLOO AC
17	1383	00:34:50	Euan	Martin	M	LD	LIVERPOOL HARRIERS & AC
18	1535	00:34:53	Dave	Brockway	M	LD	WIRRAL AC
19	1385	00:35:02	Ian	Moran	M	LD	LIVERPOOL HARRIERS & AC
20	1367	00:35:05	Alister	Rutherford	M	LD	MOSSLEY HILL AC
21	1382	00:35:06	Laurie	Luscombe	M	LD	LIVERPOOL HARRIERS & AC
22	1469	00:35:50	Steve	Anders	M	LD	ST HELENS SUTTON
23	1402	00:35:50	Richard	Weeks	M	LD	LIV PEM & SEFTON HARRIERS AC
24	1284	00:35:51	Colin	Thompson	M	LD	HELSEBY RC
25	1480	00:35:52	Peter	Fairclough	M	LD	ST HELENS SUTTON
26	1350	00:35:59	Christophe	Pownell	M	LD	KNOWSLEY HARRIERS
27	1558	00:35:59	Bradley	Spurdens	M	LD	WEST CHESHIRE AC
28	1427	00:36:09	Lawrence	Eccles	M	LD	PENNY LANE STRIDERS
29	1393	00:36:17	Mark	Wynne	M	LD	LIV PEM & SEFTON HARRIERS AC
30	1287	00:36:19	Ben	Fletcher	M	LD	HELSEBY RC
31	1511	00:36:28	Connor	McArdle	M	LD	WALLASEY AC
32	1380	00:36:28	Dale	Higham	M	LD	LIVERPOOL HARRIERS & AC
33	1291	00:36:29	Colin	Bishop	M	LD	HELSEBY RC
34	1374	00:36:35	John	Cain	M	LD	LIVERPOOL HARRIERS & AC
35	1504	00:36:46	Greg	Jones	M	LD	WALLASEY AC
36	1384	00:36:48	Lee	Midghall	M	LD	LIVERPOOL HARRIERS & AC
37	1372	00:36:58	Peter	Brame	M	LD	LIVERPOOL HARRIERS & AC
38	1397	00:37:00	Sean	Kirkbride	M	LD	LIV PEM & SEFTON HARRIERS AC
39	1518	00:37:11	Rob	Pearse	M	LD	WALLASEY AC
40	1478	00:37:14	John	Greenall	M	LD	ST HELENS SUTTON
41	1475	00:37:24	Andrew	Wilson	M	LD	ST HELENS SUTTON
42	1470	00:37:32	Ian	Hayburn	M	LD	ST HELENS SUTTON
43	1387	00:37:32	Colin	Potts	M	LD	LIVERPOOL HARRIERS & AC
44	1539	00:37:39	Will	Ferguson	M	LD	WIRRAL AC
45	1270	00:37:42	Simon	Wilde	M	LD	CHESTER TRIATHLON CLUB
46	1488	00:37:46	Tony	Barbat	M	LD	WALLASEY AC
47	1476	00:37:50	Greg	Williams	M	LD	ST HELENS SUTTON

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48	1286	00:37:50	Chris	Fitzpatrick	M	LD	HELSEBY RC
49	1499	00:37:52	Mike	Green	M	LD	WALLASEY AC
50	1360	00:37:52	Ant	Cassidy	M	LD	MOSSLEY HILL AC
51	1549	00:37:54	Steve	Spence	M	LD	WIRRAL AC
52	1545	00:38:04	Daniel	Morgan	M	LD	WIRRAL AC
53	1292	00:38:06	Ian	Rutherford	M	LD	HELSEBY RC
54	1268	00:38:09	Johnathan	Carter	M	LD	CHESTER TRIATHLON CLUB
55	1529	00:38:12	Bryan	Stevenson	M	LD	WALLASEY AC
56	1379	00:38:14	Mitchell	Hawkins	M	LD	LIVERPOOL HARRIERS & AC
57	1439	00:38:16	Phil	Riding	M	LD	PENNY LANE STRIDERS
58	1554	00:38:20	Mark	Davies	M	LD	WEST CHESHIRE AC
59	2417	00:38:33	John	Sprackland	M	LD	SOUTHPORT WATERLOO AC
60	1556	00:38:37	John	Parlevliet	M	LD	WEST CHESHIRE AC
61	1498	00:38:38	Goodwin	Matt	M	LD	WALLASEY AC
62	1432	00:38:40	Graham	Douglas	M	LD	PENNY LANE STRIDERS
63	1553	00:38:49	Andrew	Clague	M	LD	WEST CHESHIRE AC
64	1265	00:38:50	James	Morgan	M	LD	CHESTER TRIATHLON CLUB
65	1388	00:38:52	Kristian	Quirk	M	LD	LIVERPOOL HARRIERS & AC
66	1392	00:38:53	John	Halsen	M	LD	LIV PEM & SEFTON HARRIERS AC
67	1517	00:39:02	Colin	Palmer	M	LD	WALLASEY AC
68	1542	00:39:03	Mark	Hulmston	M	LD	WIRRAL AC
69	1404	00:39:03	Danny	Gilbody	M	LD	LIV PEM & SEFTON HARRIERS AC
70	1540	00:39:08	Simon	Fox	M	LD	WIRRAL AC
71	1555	00:39:12	Neil	Fox	M	LD	WEST CHESHIRE AC
72	1376	00:39:21	John	Connolly	M	LD	LIVERPOOL HARRIERS & AC
73	1479	00:39:27	Joe	Walker	M	LD	ST HELENS SUTTON
74	1418	00:39:33	David	Lawton	M	LD	LIVERPOOL RC
75	1386	00:39:37	Paul	Owens	M	LD	LIVERPOOL HARRIERS & AC
76	1552	00:39:40	Andrew	Carter	M	LD	WEST CHESHIRE AC
77	1534	00:39:41	Richard	Bargh	M	LD	WIRRAL AC
78	1401	00:39:46	Chris	Pedder	M	LD	LIV PEM & SEFTON HARRIERS AC
79	1260	00:39:49	Michael	Waring	M	LD	CHESTER TRIATHLON CLUB
80	1471	00:39:50	Ian	Costello	M	LD	ST HELENS SUTTON
81	1507	00:39:56	Mike	Kelly	M	LD	WALLASEY AC
82	1520	00:39:59	Jack	Poland	M	LD	WALLASEY AC
83	1366	00:40:00	Dominic	Cooper	M	LD	MOSSLEY HILL AC
84	1415	00:40:05	Gary	English	M	LD	LIVERPOOL RC
85	1546	00:40:08	Mark	Newns	M	LD	WIRRAL AC
86	1457	00:40:09	Kevin	Walker	M	LD	SKEM/ BOUNDARY
87	1416	00:40:12	Steven	Kelly	M	LD	LIVERPOOL RC
88	2414	00:40:24	Peter	Roome	M	LD	SOUTHPORT WATERLOO AC
89	1275	00:40:28	Chris	O'Hara	M	LD	CHESTER TRIATHLON CLUB
90	1403	00:40:29	Sammy	Rashid	M	LD	LIV PEM & SEFTON HARRIERS AC
91	1477	00:40:31	Barry	Graney	M	LD	ST HELENS SUTTON
92	1496	00:40:31	Phil	Cuthbert	M	LD	WALLASEY AC
93	1440	00:40:32	Colin	Dobbs	M	LD	PENNY LANE STRIDERS
94	2395	00:40:39	Neil	Adshead	M	LD	SOUTHPORT WATERLOO AC
95	2424	00:40:39	Paul	Warrington	M	LD	SOUTHPORT WATERLOO AC
96	2421	00:40:56	Simon	Tobin	M	LD	SOUTHPORT WATERLOO AC
97	1525	00:40:57	Keith	Simpson	M	LD	WALLASEY AC

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98	2406	00:41:00	Rob	Johnson	M	LD	SOUTHPORT WATERLOO AC
99	1288	00:41:01	Gareth	Boyd	M	LD	HELSEBY RC
100	1363	00:41:14	Peter	Craven	M	LD	MOSSLEY HILL AC
101	2783	00:41:16	Ian	Fitzpatrick	M	LD	SOUTHPORT WATERLOO AC
102	1494	00:41:33	Paul	Cubbins	M	LD	WALLASEY AC
103	1285	00:41:36	Derek	Morris	M	LD	HELSEBY RC
104	1405	00:41:38	Robbie	Wood	M	LD	LIV PEM & SEFTON HARRIERS AC
105	1431	00:41:45	Ian	Russell	M	LD	PENNY LANE STRIDERS
106	1551	00:41:47	Nick	Wilson	M	LD	WIRRAL AC
107	1018	00:41:48	Kevin	Cornwell	M	LD	LIVERPOOL HARRIERS & AC
108	2784	00:41:51	Carl	McMahon	M	LD	SOUTHPORT WATERLOO AC
109	1271	00:41:53	Stephen	Spall	M	LD	CHESTER TRIATHLON CLUB
110	1430	00:41:53	Andy	Biddle	M	LD	PENNY LANE STRIDERS
111	1295	00:42:02	Ian	Hamling	M	LD	HELSEBY RC
112	1424	00:42:02	Nigel	Grant	M	LD	PENNY LANE STRIDERS
113	1458	00:42:06	Mike	Aisbit	M	LD	SKEM/ BOUNDARY
114	1436	00:42:10	Thomas	Rimmer	M	LD	PENNY LANE STRIDERS
115	1541	00:42:13	Christophe	Gibbs	M	LD	WIRRAL AC
116	1428	00:42:21	Simone	Caponi	M	LD	PENNY LANE STRIDERS
117	1438	00:42:26	John	Jensen	M	LD	PENNY LANE STRIDERS
118	1358	00:42:45	Tadie	Abeki	M	LD	KNOWSLEY HARRIERS
119	1501	00:42:49	Sallie	Holt	F	LD	WALLASEY AC
120	1396	00:42:59	John	Dickinson	M	LD	LIV PEM & SEFTON HARRIERS AC
121	1437	00:43:05	Malachy	Gordon	M	LD	PENNY LANE STRIDERS
122	1445	00:43:17	Lee	Warburton	M	LD	PENNY LANE STRIDERS
123	1489	00:43:23	John	Bassett	M	LD	WALLASEY AC
124	1283	00:43:29	Matt	Whitfield	M	LD	ELLESMERE PORT AC
125	1368	00:43:30	Tony	Metcalf	M	LD	MOSSLEY HILL AC
126	1460	00:43:33	Honor	Thompson	F	LD	SKEM/ BOUNDARY
127	1509	00:43:36	Jeremie	Le-Normand	M	LD	WALLASEY AC
128	1412	00:43:37	Graham	Cushion	M	LD	LIVERPOOL RC
129	1417	00:43:39	Paul	Wilson	M	LD	LIVERPOOL RC
130	1537	00:43:42	Paul	Collins	M	LD	WIRRAL AC
131	1399	00:43:44	Mark	Hudson	M	LD	LIV PEM & SEFTON HARRIERS AC
132	1526	00:43:50	Helen	Stansfield	F	LD	WALLASEY AC
133	1364	00:44:06	Rick	Foster	M	LD	MOSSLEY HILL AC
134	1531	00:44:08	Ian	Wilson	M	LD	WALLASEY AC
135	2407	00:44:12	Alan	Joyce	M	LD	SOUTHPORT WATERLOO AC
136	1550	00:44:32	Mike	Stone	M	LD	WIRRAL AC
137	1273	00:44:33	Ian	Jelley	M	LD	CHESTER TRIATHLON CLUB
138	1264	00:44:36	Iain	Wood	M	LD	CHESTER TRIATHLON CLUB
139	1263	00:44:42	John	Robb	M	LD	CHESTER TRIATHLON CLUB
140	1294	00:44:43	Davyd	Michell	M	LD	HELSEBY RC
141	2418	00:44:45	Keith	Swift	M	LD	SOUTHPORT WATERLOO AC
142	2408	00:44:51	Richard	Kitt	M	LD	SOUTHPORT WATERLOO AC
143	1519	00:44:53	Zoe	Pearse	F	LD	WALLASEY AC
144	1421	00:44:59	George	Peirce	M	LD	LIVERPOOL RC
145	1503	00:45:10	Jo	Irvin	F	LD	WALLASEY AC
146	1459	00:45:11	Paul	Cheetham	M	LD	SKEM/ BOUNDARY
147	2398	00:45:13	Brian	Davey	M	LD	SOUTHPORT WATERLOO AC

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148	1289	00:45:25	Steve	Riley	M	LD	HELSBY RC
149	1269	00:45:27	Nigel	Waterhouse	M	LD	CHESTER TRIATHLON CLUB
150	1435	00:45:31	Stephen	Dipple	M	LD	PENNY LANE STRIDERS
151	2399	00:45:44	Ian	Doyle	M	LD	SOUTHPORT WATERLOO AC
152	2411	00:45:48	Matt	Nelson	M	LD	SOUTHPORT WATERLOO AC
153	1266	00:45:50	Steve	Holliman	M	LD	CHESTER TRIATHLON CLUB
154	1482	00:46:03	Rachel	Beesley	F	LD	ST HELENS SUTTON
155	1419	00:46:10	Tony	Holmes	M	LD	LIVERPOOL RC
156	1352	00:46:11	William	Merritt	M	LD	KNOWSLEY HARRIERS
157	1512	00:46:11	Derek	McArdle	M	LD	WALLASEY AC
158	1522	00:46:13	Kate	Ryan	F	LD	WALLASEY AC
159	2416	00:46:24	Neil	Silcock	M	LD	SOUTHPORT WATERLOO AC
160	1433	00:46:30	Michael	Deveraux	M	LD	PENNY LANE STRIDERS
161	1528	00:46:40	Paul	Thelwell	M	LD	WALLASEY AC
162	1434	00:46:48	Michael	O'Rourke	M	LD	PENNY LANE STRIDERS
163	1516	00:46:59	Elaine	Opara	F	LD	WALLASEY AC
164	1394	00:47:23	Andrew	Conway	M	LD	LIV PEM & SEFTON HARRIERS AC
165	1267	00:47:28	Sean	Simmons	M	LD	CHESTER TRIATHLON CLUB
166	1443	00:47:31	Tony	Green	M	LD	PENNY LANE STRIDERS
167	1262	00:47:32	Neil	Jenkins	M	LD	CHESTER TRIATHLON CLUB
168	1510	00:47:33	Keith	Marsden	M	LD	WALLASEY AC
169	1441	00:47:35	James	Roberts	M	LD	PENNY LANE STRIDERS
170	1426	00:47:44	Tommy	Burke	M	LD	PENNY LANE STRIDERS
171	1521	00:48:01	Mary	Rees	F	LD	WALLASEY AC
172	1365	00:48:42	Chris	McElroy	M	LD	MOSSLEY HILL AC
173	1444	00:48:59	Andy	Hodson	M	LD	PENNY LANE STRIDERS
174	1274	00:49:40	Wyn	Davies	M	LD	CHESTER TRIATHLON CLUB
175	2404	00:49:45	Billy	Hargreaves	M	LD	SOUTHPORT WATERLOO AC
176	1461	00:49:51	Andy	Dalton	M	LD	SKEM/ BOUNDARY
177	1486	00:49:53	Steve	Armstrong	M	LD	WALLASEY AC
178	1391	00:49:59	John	Dobie	M	LD	LIV PEM & SEFTON HARRIERS AC
179	1411	00:50:01	Mark	Scott	M	LD	LIVERPOOL RC
180	1483	00:50:23	Louise	Hogg	F	LD	ST HELENS SUTTON
181	1474	00:50:29	Ray	Vose	M	LD	ST HELENS SUTTON
182	1272	00:50:33	Jim	Barrow	M	LD	CHESTER TRIATHLON CLUB
183	1524	00:50:35	Rachel	Saunders	F	LD	WALLASEY AC
184	1532	00:50:41	James	Atkin	M	LD	WIRRAL AC
185	1500	00:50:54	Mike	Griffiths	M	LD	WALLASEY AC
186	1454	00:51:06	Joe	McGlyn	M	LD	PENNY LANE STRIDERS
187	1485	00:51:22	Michelle	Alty	F	LD	WALLASEY AC
188	1261	00:51:29	David	Taylor	M	LD	CHESTER TRIATHLON CLUB
189	1508	00:51:53	Sharon	Lamont	F	LD	WALLASEY AC
190	1303	00:52:03	Craig	Booth	M	LD	UNIVERSITY OF LIVERPOOL AC
191	1389	00:52:06	David	Rowe	M	LD	LIVERPOOL HARRIERS & AC
192	1487	00:53:38	Julie	Barbat	F	LD	WALLASEY AC
193	1293	00:53:57	Stephen	Wiggins	M	LD	HELSBY RC
194	2397	00:54:38	Lee	Coupland	M	LD	SOUTHPORT WATERLOO AC
195	1514	00:54:52	Jan	McArd	F	LD	WALLASEY AC
196	2412	00:54:59	Ian	Pike	M	LD	SOUTHPORT WATERLOO AC
197	1473	00:55:21	Peter	Johnson	M	LD	ST HELENS SUTTON

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198	1462	00:55:38	Jane	Woodburn	F	LD	SKEM/ BOUNDARY
199	1442	00:55:46	Michael	Sharkey	M	LD	PENNY LANE STRIDERS
200	1493	00:55:53	Pete	Brunt	M	LD	WALLASEY AC
201	1497	00:56:54	Alison	Engle	F	LD	WALLASEY AC
202	1361	00:57:25	Sain	Kilty	F	LD	MOSSLEY HILL AC
203	1466	00:58:00	Moir	Burford	F	LD	SKEM/ BOUNDARY
204	1464	00:58:11	Katie	Scott	F	LD	SKEM/ BOUNDARY
205	1513	00:59:51	Diane	McArdle	F	LD	WALLASEY AC
206	1472	01:05:25	Alan	Peers	M	LD	SPECTRUM STRIDERS

Club League Places

Position	Club	Race 1	Race 2	Race 3	Total (after 2 races)
1	Liverpool Harriers	68	42		110
2	St. Helens Sutton	108	150		258
3	Wirral	112	180		292
4	Liv Pembroke and Sefton	179	303		482
5	Wallasey AC	117	255		372
6	Helsby RC	256	287		543
7	Penny Lane Striders	455	351		806
8	Chester Tri Club	374	440		814
9	Mossley Hill AC	396	511		907
10	Liverpool RC	448	646		1094
11	Southport Waterloo AC		110		
12	West Cheshire AC		355		
13	Knowlsey Harriers	706			
14	Skem Boundry Harriers		845		