

SENIOR RACE - 7½ MILES

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	J. Woods	Liverpool H.A.C.	31:41
2.	M. McLoughlin	Liverpool Pembroke	40:22
3.	K. Ainsworth	Liverpool H.A.C.	40:55
4.	E. Arrowsmith	ditto	41:07
5.	K. Jacques	St. Helens A.C.	41:35
6.	C. Dagnall	Liverpool H.A.C.	41:38
7.	X J. Crehan	Sutton Harriers	41:42
8.	A. Merrifield	Liverpool H.A.C.	41:50
9.	F. Davies	ditto	41:53
10.	D. Lindsay	Wirral A.C.	41:55
11.	Rob Harrison	Liverpool H.A.C.	42:18
12.	I. McEvoy	ditto	42:20
13.	E. White	ditto	42:24
14.	R. Wood	Frodsham Harriers	42:27
15.	S. Bullock	Sefton Harriers	42:30
16.	N. Turner (vet)	Liverpool H.A.C.	42:38
17.	B. Donnelly	Wirral A.C.	42:44
18.	M. Shackleton	Sefton Harriers	42:48
19.	O. Herd	Wirral A.C.	43:01
20.	S. Highfield	Frodsham Harriers	43:04
21.	J. Cooper	Wirral A.C.	43:07
22.	X P. Gibb	Sutton Harriers	43:08
23.	G. Cairns	Sefton Harriers	43:10
24.	A. Cole	Liverpool H.A.C.	43:12
25.	X H. Dixon	Sutton Harriers	43:47
26.	Roger Harrison	Liverpool H.A.C.	43:49
27.	S. James (vet)	Southport & Waterloo	43:51
28.	S. Parker	Wirral A.C.	43:53
29.	D. Fairclough	Sefton Harriers	43:58
30.	X R. Walmsley	Sutton Harriers	44:01
31.	C. Speirs	Liverpool H.A.C.	44:05
32.	G. Wilson	Liverpool Pembroke	44:12
33.	B. Corden	Wirral A.C.	44:14
34.	C. Rigby	Liverpool Pembroke	44:18
35.	X N. Smart	Sutton Harriers	44:26
36.	J. White	ditto	44:29
37.	P. Kilgallon	Wirral A.C.	44:30
38.	X R. Vose	Sutton Harriers	44:38
39.	K. Carroll	Liverpool Pembroke	44:46
40.	X P. Roberts (vet)	Sutton Harriers	44:48
41.	E. Isaacs (vet)	Wirral A.C.	44:56
42.	X F. Rimmer	Sutton Harriers	44:58
43.	I. Craig	Sefton Harriers	44:59
44.	D. Gaynor	Liverpool Pembroke	45:07
45.	C. McFadden	Sefton Harriers	45:11
46.	S. Burthem	Warrington A.C.	45:14
47.	D. Cook	C.E.P.A.C.	45:16
48.	P. Waddington	Liverpool H.A.C.	45:18
49.	S. Murphy	Sefton Harriers	45:20
50.	R. Wood	Sefton Harriers	45:21
51.	J. Prescott	Liverpool Pembroke	45:21
52.	M. Bleasdale	ditto	45:27
53.	D. Stitt	Sefton Harriers	45:30
54.	D. Clague	Liverpool Pembroke	46:07
55.	X J. Hull	Sutton Harriers	46:14
56.	C. Proudfoot	Frodsham Harriers	46:16

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<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
57.	M. Davies	Sefton Harriers	46:22
58.	W. Seaman	Liverpool Pembroke	46:24
59.	M. Whiteside	Frodsham Harriers	46:29
60.	G. Fitzpatrick	Liverpool Pembroke	46:35
61.	S. Back	Liverpool H.A.C.	46:41
62.	M. Farmery	Frodsham Harriers	46:43
63.	D. Ashcroft	South Liverpool	46:45
64.	A. Bolden	Liverpool H.A.C.	46:47
65.	T. Hanley	Southport & Waterloo	46:48
66.	A. Irvine	Wirral A.C.	46:58
67.	P. Lonsdale	Wallasey A.C.	47:02
68.	X K. Martin	Sutton Harriers	47:04
69.	P. Harvey	Sefton Harriers	47:05
70.	R. Walmsley	Liverpool Pembroke	47:06
71.	E. Kinraide	Liverpool Pembroke	47:07
72.	H. Makin	South Liverpool	47:08
73.	P. Simpson	Liverpool H.A.C.	47:09
74.	R. McGill	ditto	47:10
75.	J. McGuinness(vet)	ditto	47:20
76.	G. Birkett	St. Helens A.C.	47:22
77.	D. McClemence	Liverpool Pembroke	47:32
78.	L. Mercer	Liverpool Pembroke	47:34
79.	K. McKeown	St. Helens A.C.	47:39
80.	D. Baker	Wallasey A.C.	47:41
81.	J. Smithers	Halton Sports A.C.	47:45
82.	R. Brimmage	Wallasey A.C.	47:59
83.	D. Watson (vet)	Wirral A.C.	48:04
84.	C. Morgan	C.E.P.A.C.	48:10
85.	J. Lavery	Sefton Harriers	48:13
86.	J. Wright (vet)	Southport & Waterloo	48:15
87.	S. Faris (vet)	Southport & Waterloo	48:18
88.	A. Willan	Sefton Harriers	48:18
89.	T. Robinson	South Liverpool	48:21
90.	T. Valance	Liverpool H.A.C.	48:27
91.	M. Walker	Frodsham Harriers	48:29
92.	X A. Raffle	Sutton Harriers	48:31
93.	D. Nicholls	Liverpool H.A.C.	48:34
94.	N. Lindsay	Wirral A.C.	48:37
95.	M. Edwards (vet)	C.E.P.A.C.	48:38
96.	X S. Erlam	Sutton Harriers	48:45
97.	D. Thomkins	Warrington A.C.	48:46
98.	W. Davies (vet)	Liverpool Pembroke	48:52
99.	C. Donald	Sefton Harriers	49:00
100.	P. Burgess	ditto	49:07
101.	P. Moran	St. Helens A.C.	49:16
102.	S. McEvilly	Liverpool Pembroke	49:18
103.	J. Morley	Wirral A.C.	49:34
104.	J. Lowery	Liverpool Pembroke	49:48
105.	M. Lamb (vet)	C.E.P.A.C.	49:49
106.	P. Simpson	Frodsham Harriers	49:51
107.	W. Keevil	Halton Sports A.C.	49:52
108.	J. Monaghan (vet)	Liverpool Pembroke	49:56
109.	R. Clayton	Southport & Waterloo	50:00
110.	G. Clarke	Wirral A.C.	50:19
111.	S. Loker	Southport & Waterloo	50:21
112.	D. Nicholson(vet)	Frodsham Harriers	50:22

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<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
113.	E. McElhatton	St. Helens A.C.	50:27
114.	I. Hilditch (vet)	Frodsham Harriers	50:29
115.	F. Kavanagh	Warrington A.C.	50:33
116.	J. Wright (vet)	Wallasey A.C.	51:03
117.	M. McMannihan	St. Helens A.C.	51:10
118.	I. Jones	C.E.P.A.C.	51:10
119.	A. Sutton	Liverpool H.A.C.	51:17
120.	* B. Pumford	Sutton Harriers	51:26
121.	J. Butterworth	Frodsham Harriers	51:27
122.	C. Lyon	Skelmersdale & B.H.	51:29
123.	C. Wolfarth	Southport & Waterloo	51:33
124.	N. Thomson	ditto	51:35
125.	J. Singleton	ditto	51:44
126.	R. Keating	Warrington A.C.	51:47
127.	T. Grant	C.E.P.A.C.	51:54
128.	W. Bell	Liverpool H.A.C.	51:58
129.	I. Freeman	Wallasey A.C.	52:11
130.	S. McLean	Southport & Waterloo	52:18
131.	R. McNelly	Skelmersdale & B.H.	52:24
132.	J. Morris (vet)	C.E.P.A.C.	52:41
133.	G. Roe	Wallasey A.C.	52:49
134.	G. Faulkner	C.E.P.A.C.	52:51
135.	D. Hough	ditto	52:58
136.	A. Smith	Southport & Waterloo	53:08
137.	* J. Worral	Sutton Harriers	53:16
138.	T. Callaghan	C.E.P.A.C.	53:20
139.	A. Cronin	Liverpool Pembroke	53:33
140.	J. Massey	Liverpool H.A.C.	53:37
141.	T. Cooper	Wallasey A.C.	53:43
142.	R. Charnley	Liverpool H.A.C.	53:43
143.	N. Brown	C.E.P.A.C.	53:56
144.	A. Johnson	Wallasey A.C.	54:07
145.	N. Jones	C.E.P.A.C.	54:18
146.	R. Buckley	ditto	55:07
147.	B. Jones	ditto	55:20
148.	S. Wignall	Warrington A.C.	55:39
149.	A. Reardon	Southport & Waterloo	55:49
150.	J. Driscoll (vet)	C.E.P.A.C.	56:01
151.	A. Jones	South Liverpool	56:18
152.	D. Machin	C.E.P.A.C.	56:22
153.	T. Prescott (vet)	ditto	56:27
154.	C. Smith	Liverpool H.A.C.	56:59
155.	D. Maiers	ditto	57:15
156.	J. Rossiter	Wirral A.C.	57:19
157.	G. Shipham	Skelmersdale & B.H.	59:00
158.	A. King	Warrington A.C.	59:05
159.	J. Saunders	Skelmersdale & B.H.	61:16
160.	D. Golding	ditto	61:16
161.	R. Wreightman	ditto	61:16
162.	D. Addlesburgh(vet)	ditto	65:38

First unplaced - K. Jacques - St. Helens A.C.

TEAMS:

1.	Liverpool Harriers	31	points
2.	Wirral A.C.	128	"
3.	Sutton Harriers	155	"
4.	Sefton Harriers	173	"
5.	Liverpool Pembroke	202	"
6.	Frodsham Harriers	302	"
7.	Southport & Waterloo	485	"
8.	St. Helens A.C.	491	"
9.	Wallasey A.C.	507	"
10.	C.E.P.A.C.	576	"
11.	Warrington A.C.	696	"
12.	Skelmersdale & B. H.	895	"

14th January 1984
Croxteth Park WILKIE ?

LIVERPOOL & DISTRICT CHAMPIONSHIPS

COLTS RACE - 2 MILES

DATE ?

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	G. Morgan	Wirral A.C.	10:56
2.	A. Martin	Wirral A.C.	10:57
3.	N. Harvey	Wirral A.C.	11:00
4.	M. Hughes	Wirral A.C.	11:17
5.	G. Woodhall	Liverpool H.A.C.	11:20
6.	A. Cooper	Southport & Waterloo	11:25
7.	N. Poustie	Wirral A.C.	11:36
8.	M. Wells	Warrington A.C.	11:38
9.	M. Andrews	Liverpool H.A.C.	11:39
10.	* A. Lynch	Sutton Harriers	11:40
11.	N. Collins	C.E.P.A.C.	11:41
12.	J. Odger	Liverpool H.A.C.	11:44
13.	M. King	Wallasey A.C.	11:48
14.	S. Roberts	Liverpool H.A.C.	11:53
15.	T. Tynsley	Liverpool H.A.C.	11:56
16.	J. Corbett	Wirral A.C.	12:01
17.	* N. Horton	Sutton Harriers	12:04
18.	P. Robb	C.E.P.A.C.	12:18
19.	M. Allen	Southport & Waterloo	12:19
20.	* G. Thomas	Sutton Harriers	12:23
21.	C. McIver	Liverpool Pembroke	12:28
22.	* D. Sparrow	Sutton Harriers	12:30
23.	R. Hyatt	Liverpool H.A.C.	12:38
24.	M. Matthews	ditto	12:40
25.	P. Backhouse	Wallasey A.C.	12:42
26.	M. Hargreaves	Liverpool H.A.C.	12:47
27.	N. Gibson	Southport & Waterloo	12:49
28.	M. Yates	Wallasey A.C.	12:52
29.	* P. Hoghton	Sutton Harriers	12:53
30.	D. Radley	Liverpool H.A.C.	12:55
31.	* A. Eastwood	Sutton Harriers	13:08
32.	P. Adams	Liverpool Pembroke	13:18
33.	* P. Cliff	Sutton Harriers	13:25
34.	* L. Hughes	Sutton Harriers	13:32
35.	J. Dobie	Sefton Harriers	13:40
36.	J. Stead	Wallasey A.C.	13:55
37.	* M. Cronin	Sutton Harriers	13:59
38.	C. Cody	Skelmersdale & Boundary Harriers	14:09
39.	D. Penny	Wallasey A.C.	14:19
40.	* J. Keeley	Sutton Harriers	14:22
41.	A. Goulding	Skelmersdale & B.H.	14:23
42.	C. Foster	Southport & Waterloo	14:23
43.	J. Scott	C.E.P.A.C.	15:08
44.	D. Dasher	Wallasey A.C.	17:15
45.	J. O'Brien	Liverpool H.A.C.	18:09

first unplaced - A. Cooper - Southport & Waterloo

TEAM:-

1.	Wirral A.C.	10 points
2.	Liverpool H.A.C.	40 "
3.	* Sutton Harriers	69 "
4.	Southport & Waterloo	94 "
5.	Wallasey A.C.	102 "

BOYS RACE - 2½ miles

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	R. Jones	Wirral A.C.	11:41
2.	M. Thompson	Liverpool H.A.C.	11:49
3.	C. Teague	ditto	11:54
4.	M. Hunt	ditto	12:09
5.	K. Armitage	Liverpool Pembroke	12:13
6.	A. Cubbon	Liverpool H.A.C.	12:18
7.	R. Bennett	Southport & Waterloo	12:22
8.	A. Peers	Liverpool H.A.C.	12:22
9.	H. Edwards	ditto	12:22
10.	N. Edwards	C.E.P.A.C.	12:25
11.	C. Walker	Liverpool H.A.C.	12:27
12.	D. Alexander	C.E.P.A.C.	12:28
13.	x J. Alcock	Sutton Harriers	12:32
14.	S. Kelly	Wirral A.C.	12:35
15.	M. Paul-Clarke	ditto	12:43
16.	x J. Hughes	Sutton Harriers	12:45
17.	R. Harvey	Wirral A.C.	12:47
18.	J. Harper	Liverpool Pembroke	12:59
19.	A. Pennington	Wallasey A.C.	13:00
20.	I. Adams	Liverpool Pembroke	13:03
21.	S. Hodgins	Wirral A.C.	13:04
22.	P. Hindle	Southport & Waterloo	13:04
23.	M. Cooper	Wallasey A.C.	13:07
24.	B. Buckley	Halton Sports A.C.	13:09
25.	J. Donnelly	Wirral A.C.	13:10
26.	x M. Keeley	Sutton Harriers	13:11
27.	A. Murphy	Wirral A.C.	13:16
28.	R. Lavery	Liverpool Pembroke	13:20
29.	M. Raynor	Warrington A.C.	13:21
30.	I. Sherburn	ditto	13:27
31.	D. Neil	Wallasey A.C.	13:27
32.	G. Nuttall	ditto	13:27
33.	R. Howarth	ditto	13:29
34.	H. Samuel	ditto	13:30
35.	R. Ellis	Wirral A.C.	13:32
36.	N. Faulkner	C.E.P.A.C.	13:40
37.	G. Cooper	Warrington A.C.	13:40
38.	S. Radley	Liverpool H.A.C.	13:44
39.	K. Isaac	Wirral A.C.	14:04
40.	x P. Haslam	Sutton Harriers	14:17
41.	R. Williams	C.E.P.A.C.	14:21
42.	M. Devaney	Warrington A.C.	14:28
43.	G. Dwyer	Liverpool Pembroke	14:35
44.	N. Thompson	Wallasey A.C.	14:48
45.	D. Littler	Halton Sports A.C.	14:52
46.	J. McCullum	Sefton Harriers	15:09
47.	D. O'Neill	Southport & Waterloo	15:15
48.	x R. Costello	Sutton Harriers	15:29
49.	P. Beacall	Wallasey A.C.	15:41
50.	A. Sowerby	Sutton Harriers	15:48
51.	S. Ellam	ditto	16:16

First unplaced - R. Bennett - Southport & Waterloo

contd/.....

TEAM:

1.	Liverpool H.A.C.	15	points
2.	Wirral A.C.	47	"
3.	Liverpool Pembroke	71	"
4.	Sutton Harriers	95	"
5.	C.E.P.A.C.	99	"
6.	Wallasey A.C.	105	"
7.	Warrington A.C.	138	"

YOUTHS RACE - 4 MILES

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	J. Robinson	Wirral A.C.	20:20
2.	A. Youp	Liverpool Pembroke	:33
3.	J. Griffiths	St. Helens A.C.	20:34
4.	I. Lockett	Wirral A.C.	20:49
5.	S. Shepley	Wirral A.C.	21:09
6.	P. Rutherford	Liverpool Pembroke	:12
7.	P. Howells	ditto	21:21
8.	P. Doyle	Wallasey A.C.	21:27
9.	P. Crompton	Wirral A.C.	21:33
10.	P. Brame	Liverpool H.A.C.	21:35
11.	D. Harkins	Wirral A.C.	21:39
12.	G. Crighton	Liverpool H.A.C.	21:41
13.	A. Roberts	Liverpool Pembroke	:44
14.	R. Brennan	Liverpool H.A.C.	21:56
15.	D. Pears	ditto	21:59
16.	M. Creswell	ditto	22:02
17.	D. Jones	Wirral A.C.	22:03
18.	S. Burthem	Warrington A.C.	22:09
19.	X D. Roberts	Sutton Harriers	22:19
20.	D. McIver	Liverpool Pembroke	:37
21.	D. Pendleton	Wallasey A.C.	22:43
22.	M. Atherton	St. Helens A.C.	23:01
23.	D. Warburton	Warrington A.C.	23:10
24.	K. Rowlands	Liverpool Pembroke	:16
25.	P. Bowen	Liverpool H.A.C.	23:20
26.	N. Henfrey	Wallasey A.C.	23:25
27.	X P. Hamilton	Sutton Harriers	23:38
28.	M. Rawlinson	Warrington A.C.	24:03
29.	N. Charney	Warrington A.C.	24:04
30.	I. Wiggins	Wallasey A.C.	24:23
31.	D. Ghingell	Warrington A.C.	24:32
32.	M. Thompson	Southport & Waterloo	24:38
33.	G. Kavanagh	Warrington A.C.	24:50
34.	N. Grace	South Liverpool	25:20
35.	X J. Newell	Sutton Harriers	26:22

First unplaced - P. Doyle - Wallasey A.C.

TEAM:

1.	Wirral A.C.	19 points
2.	Liverpool Pembroke	28 "
3.	Liverpool H.A.C.	51 "
4.	Wallasey A.C.	85 "
5.	Warrington A.C.	98 "

JUNIOR RACE - 5 MILES

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	M. Cole	Liverpool H.A.C.	28:56
2.	C. Sweeney	St. Helens A.C.	29:03
3.	G. Jones	C.E.P.A.C.	29:09
4.	*P. Fearnley	Sutton Harriers	29:23
5.	N. Vengdasalam	Liverpool Pembroke	29:37
6.	D. Reilly	Liverpool H.A.C.	29:42
7.	N. Usher	Southport & Waterloo	29:46
8.	D. Kelly	Liverpool Pembroke	29:50
9.	D. Thomson	Wirral A.C.	30:50
10.	S. Carr	Liverpool Pembroke	31:03
11.	K. Usher	Southport & Waterloo	31:11
12.	S. Ricketts	Liverpool H.A.C.	31:19
13.	K. Sacher	C.E.P.A.C.	31:35
14.	M. Howard	Liverpool H.A.C.	31:38
15.	A. Ford	Liverpool Pembroke	32:09
16.	S. Mattocks	Liverpool Pembroke	32:18
17.	*P. White	Sutton Harriers	32:38
18.	C. Mitchell	Liverpool H.A.C.	32:43
19.	P. Owens	South Liverpool	32:43
20.	V. Williams	C.E.P.A.C.	33:51
21.	*A. Richardson	Sutton Harriers	34:00
22.	*D. Gerrard	Sutton Harriers	34:13
23.	M. Jones	C.E.P.A.C.	34:56
24.	J. Bolland	Southport & Waterloo	35:01
25.	M. Quinn	Liverpool H.A.C.	35:45
26.	M. Kershaw	Southport & Waterloo	36:11
27.	W. Shepherd	Liverpool H.A.C.	36:17

First unplaced - P. Fearnley - Sutton Harriers

TEAM:

1.	Liverpool H. A. C.	33 points
2.	Liverpool Pembroke	38 "
3.	C.E.P.A.C.	59 "
4.	Sutton Harriers	64 "
5.	Southport & Waterloo	68 "