

# Liverpool and District 2015 | 16 XC League

## Race 1: Sat 28th Oct at Beacon Park

Place	Name	Club	Time	M/F
1	Degene Gezimu	Liverpool Harriers	29m 26s	M
2	Richard Burney	Liverpool Harriers	29m 28s	M
3	James McNally	Liverpool Harriers	30m 24s	M
4	Phil Robertson	Wirral AC	31m 08s	M
5	Martin Swensson	Penny Lane Striders	31m 28s	M
6	Richard Weeks	Liv Pembroke and Sefton	31m 53s	M
7	Phil Langah	Wirral AC	32m 02s	M
8	Aaron Jarvis	Liv Pembroke and Sefton	32m 17s	M
9	David Brockway	Wirral AC	32m 19s	M
10	Ian Roberts	Liv Pembroke and Sefton	32m 24s	M
11	Jack Atkins	Liverpool Harriers	32m 25s	M
12	James Tompson	Knowsley Harriers	32m 27s	M
13	Paul Sankey	Liverpool Harriers	32m 28	M
14	Joe Spruce	Liverpool Harriers	32m 41s	M
15	Xavier Desse	Wirral AC	33m 00s	M
16	James Loftus	Liv Pembroke and Sefton	33m 04s	M
17	Mark Wynne	Liv Pembroke and Sefton	33m 05s	M
18	Alan Ashton	Liverpool Harriers	33m 13s	M
19	Connor McArdle	Wallasey AC	33m 23s	M
20	Steve Spence	Wirral AC	33m 51s	M
21	Sean Kirkbride	Liv Pembroke and Sefton	34m 09s	M
22	Graham Rooney	Liverpool Harriers	34m 22s	M
23	Greg James	Wallasey AC	34m 28s	M
24	Kyle Harrison	Liverpool RC	34m 32s	M
25	Ste Anders	St Helens and Sutton AC	34m 38s	M
26	Mark Hulmston	Wirral AC	35m 17s	M
27	Liam Walsh	Liverpool Harriers	35m 27s	M
28	John Hunt	Wirral AC	35m 37	M
29	Greg Williams	St Helens and Sutton AC	35m 42s	M
30	James Muscot	Liverpool Harriers	35m 46s	M
31	Clark Roberts	Liv Pembroke and Sefton	35m 50s	M
32	Terry Roberts	Wirral AC	35m 53s	M
33	Alex Cowin	Penny Lane Striders	36m 03s	M
34	Craig Hoy	Liverpool RC	36m 07s	M
35	Jez Fellick	Wallasey AC	36m 11s	M
36	Daniel Morgan	Wirral AC	36m 13s	M
37	Danny Gilbody	Liv Pembroke and Sefton	36m 16s	M

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38	Alex Rigby	Liverpool RC	36m 34s	M
39	Simon Fox	Wirral AC	36m 44s	M
40	John Halson	Liv Pembroke and Sefton	36m 48s	M
41	Ben Fletcher	Helsby RC	36m 53s	M
42	Greg Gallagher	Liv Pembroke and Sefton	36m 57s	M
43	Neil Finegan	Helsby RC	36m 59s	M
44	Matty Hughes	Liverpool Harriers	37m 01s	M
45	Tony Barbat	Wallasey AC	37m 03s	M
46	Colin Palmer	Wallasey AC	37m 04s	M
47	Peter Fairclough	Guest	37m 12s	M
48	Paul Goodwin	Kirkby Milers	37m 19s	M
49	David Houston	Liverpool RC	37m 34s	M
50	Neil Toner	Wirral AC	37m 39s	M
51	Mike Kelly	Wallasey AC	37m 52s	M
52	Bryan Stevenson	Wallasey AC	38m 18s	M
53	Rachel Fairclough (1st lady)	Guest	38m 20s	F
54	Mitch Hawkins	Liverpool Harriers	38m 22s	M
55	Chris Pownell	Knowsley Harriers	38m 28s	M
56	Ben Singleton	Liv Pembroke and Sefton	38m 29s	M
57	Dominic Cooper	Mossley Hill AC	39m 06s	M
58	Nick Wilson	Wirral AC	39m 26s	M
59	Ian Hayburn	St Helens and Sutton AC	39m 29s	M
60	Keith Simpson	Wallasey AC	39m 34s	M
61	Phil Dabner	Wallasey AC	39m 44s	M
62	Chris Pedder	Liv Pembroke and Sefton	39m 53s	M
63	Chris Bowers	Wallasey AC	40m 08s	M
64	Simone Capponni	Penny Lane Striders	40m 30s	M
65	Ian Landucci	Helsby RC	41m 05s	M
66	Andy Glen	Knowsley Harriers	41m 08s	M
67	Chris Ball	Wirral AC	41m 22s	M
68	Patrick Hickey	Liverpool Harriers	41m 28s	M
69	Ethan Dalton	Liv Pembroke and Sefton	41m 41s	M
70	Paul Cheetham	Skem Boundary H	41m 52s	M
71	Jonathon Fisher	Liverpool RC	41m 53s	M
72	Kenny Day	Kirkby Milers	41m 59s	M
73	Lee Ward	Liverpool RC	42m 03s	M
74	Nathan Parry	Knowsley Harriers	42m 07s	M
75	Peter Weatherhead	Wirral AC	42m 17s	M
76	William Merrit	Knowsley Harriers	42m 21s	M
77	Gavin Parry	Knowsley Harriers	42m 32s	M

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78	Thomas King	Penny Lane Striders	42m 35s	M
79	George Pierce	Liverpool RC	42m 47s	M
80	Catherine Howard (2nd lady)	Knowsley Harriers	42m 56s	F
81	Helen Wilkinson (3rd lady)	Knowsley Harriers	42m 57s	F
82	Neil Golding	Skem Boundary H	43m 37s	M
83	Mike Griffiths	Wallasey AC	44m 04s	M
84	Lucie Michaelson	Penny Lane Striders	44m 12s	F
85	Marty Hirwell	Penny Lane Striders	44m 20s	M
86	William Jones	Knowsley Harriers	44m 22s	M
87	Steve Armstrong	Wallasey AC	44m 35s	M
88	Billy McLoughlin	Liverpool RC	44m 39s	M
89	Duncan Kennedy	Liverpool RC	44m 42s	M
90	Derek McArdle	Wallasey AC	44m 45s	M
91	Helen Davies	Mossley Hill AC	44m 46s	F
92	Mary Rees	Wallasey AC	44m 55s	F
93	Michael Holloway	Kirkby Milers	45m 03s	M
94	David Webb	Penny Lane Striders	45m 07s	M
95	Rachel McGoldrieu	St Helens and Sutton AC	45m 11s	F
96	Andrew Slatter	Liv Pembroke and Sefton	45m 24s	M
97	Mariano Capponi	Guest	45m 40s	M
98	James Atkin	Wirral AC	46m 04s	M
99	Zoe Pearse	Wallasey AC	46m 40s	F
100	Alan Spencer	Knowsley Harriers	46m 58s	M
101	Carl Parry	Guest	47m 23s	M
102	Frank Murphy	Knowsley Harriers	48m 22s	M
103	Abigail Willmitt	Liverpool RC	48m 26s	F
104	Billy Hargreaves	Southport Waterloo	48m 57s	M
105	Sharon Lamont	Wallasey AC	50m 07s	F
106	Suzie Hamley	Knowsley Harriers	50m 30s	F
107	Pete Brunt	Wallasey AC	52m 26s	M
108	Sean Kendall	Liv Pembroke and Sefton	53m 23s	M
109	Adam McGlory	Penny Lane Striders	53m 32s	M
110	Julie Barbat	Wallasey AC	54m 49s	F
111	Nicci Davies	Wallasey AC	56m 10s	F
112	Anne Oxbrough	Penny Lane Striders	58m 48s	F
113	Cate Cuthbert	Wallasey AC	60m 13s	F

## Liverpool and District 2015 | 16 XC League

Team Results		
1	Liverpool Harriers	44
2	Liv Pem and Sefton	78
3	Wirral AC	81
4	Wallasey AC	219
5	Liverpool RC	289
6	Penny Lane Striders	349
7	Knowsley Harriers	360
8	St Helens and Sutton	437

Thanks for taking part! The next race is at Sefton Park on Sat 28th Nov