

Liverpool and District XC 2016 Championship  
Sun 7th Feb 2016 at Clarke Gardens

Position	Bib	Runner	Time	Club
1	618	Richard Burney	33-49	Liverpool Harriers
2	622	Degene Gezimu	34-19	Liverpool Harriers
3	519	Matt Thompson	35-36	Southport Waterloo AC
4	624	Charla Hassen	35-43	Liverpool Harriers
5	613	Aaron Jarvis	35-44	Liverpool Pem and Sefton
6	542	Phil Robertson	36-14	Wirral AC
7	514	Mark Dunham	36-32	Southport Waterloo AC
8	632	Ryan Whiston	36-43	Liverpool Harriers
9	617	Jack Atkins	37-07	Liverpool Harriers
10	631	Paul Sankey	37-23	Liverpool Harriers
11	621	Michael Fitzsimmons	37-34	Liverpool Harriers
12	616	Sean Kirkride	37-51	Liverpool Pem and Sefton
13	615	Richard Weeks	37-51	Liverpool Pem and Sefton
14	657	Connor McArdle	38-05	Wallasey AC
15	534	David Brockway	38-11	Wirral AC
16	588	James Toohey	38-16	Liverpool RC
17	540	John Hunt	38-17	Wirral AC
18	629	Colin Potts	38-19	Liverpool Harriers
19	577	Mark Clair	38-28	Knowsley Harriers
20	503	Lawrence Eccles	38-30	Penny Lane Striders
21	609	Sammy Rachid	38-45	Liverpool Pem and Sefton
22	587	Ian McGill	38-57	Liverpool RC
23	627	Ian Lawton	39-02	Liverpool Harriers
24	652	Mike Green	39-09	Wallasey AC
25	619	John Cain	39-33	Liverpool Harriers
26	654	Greg Jones	39-38	Wallasey AC
27		Adam Clansey	39-41	Southport Waterloo AC
28	567	Tony Lawler	39-43	Knowsley Harriers
29	623	Glen Groves	39-44	Liverpool Harriers
30	662	Rob Pearse	39-48	Wallasey AC
31	630	Kristian Quirk	40-14	Liverpool Harriers
32	612	Mark Wynne	40-17	Liverpool Pem and Sefton
33	523	Alex Waddelove	40-19	Southport Waterloo AC
34	645	Andy Wilson	40-25	St Helens Sutton
35	620	Rob Dewhurst	40-28	Liverpool Harriers
36	539	Mark Hulmston	40-35	Wirral AC
37	553	Chris Pownell	40-40	Knowsley Harriers
38	581	Alex O'Brien (f)	41-00	Liverpool RC
39	515	John Sprackland	41-03	
40	589	Craig Hoy	41-17	Liverpool RC
41	571	Catherine Howard (f)	41-26	Knowsley Harriers
42	626	Dale Higham	41-35	Liverpool Harriers
43	532	Richard Bargh	41-41	Wirral AC
44	521	Steve Wilkinson	41-45	Southport Waterloo AC
45	634	DQ (f)	41-50	
46	559	Robert Owens	41-55	Knowsley Harriers
47	592	Alex Rigby	41-57	Liverpool RC
48	550	Mark Davies	41-59	West Cheshire AC
49	606	Daniel Gilbody	42-03	Liverpool Pem and Sefton
50	549	Andrew Clague	42-10	West Cheshire AC
51	655	Mike Kelly	42-18	Wallasey AC

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52	594	Ian Palin	42-19	Liverpool RC
53	537	Simon Fox	42-24	Wirral AC
54	508	Lee Warburton	42-47	Penny Lane Striders
55	638	John Greenall	43-02	St Helens Sutton
56	665	Keith Simpson	43-06	Wallasey AC
57	650	Phil Dabner	43-17	Wallasey AC
58	597	David Lawton	43-19	Liverpool RC
59	525	Kevin Walker	43-20	Skem Boundary Harriers
60	551	John Parlevliet	43-22	West Cheshire AC
61	681	Dom Cooper	43-31	Mossley Hill AC
62	608	Chris Pedder	43-33	Liverpool Pem and Sefton
63	633	Charlotte Wilson (f)	43-34	Liverpool Harriers
64	607	John Halson	43-38	Liverpool Pem and Sefton
65	688	Chris Iles	43-46	Mossley Hill AC
66	504	Ian Russell	43-55	Penny Lane Striders
67		Bryan Stevenson	44-02	Wallasey AC
68	682	Peter Craven	44-05	Mossley Hill AC
69	573	Nathen Parry	44-06	Knowsley Harriers
70		Ian Costello	44-07	St Helens Sutton
71	695	Richard Thorpe	44-10	Penny Lane Striders
72	502	Chris Murray	44-16	Helsby
73	692	Ant Cassidy	44-26	Mossley Hill AC
74	611	Robbie Wood	44-28	Liverpool Pem and Sefton
75	642	Rachel McGoldrick (f)	44-47	St Helens Sutton
76	505	Simone Capponi	44-50	Penny Lane Striders
77	555	Mike Connor	44-55	Knowsley Harriers
78	552	Dave Tiernan	45-09	West Cheshire AC
79	548	Andrew Carter	45-11	West Cheshire AC
80	547	Bob Benson	45-19	West Cheshire AC
81	546	Tony Devoy	45-37	Wirral AC
82	558	David Lee	45-39	Knowsley Harriers
83	679	Allan Lawson	46-03	Mossley Hill AC
84	663	Jack Poland	46-11	Wallasey AC
85	604	Ethan Dalton	46-14	Liverpool Pem and Sefton
86	670	Sally Holt (f)	46-23	Wallasey AC
87	556	William Jones	47-10	Knowsley Harriers
88	600	Lee Ward	47-18	Liverpool RC
89	522	Neil Silcock	47-19	Southport Waterloo AC
90	595	John McManiman	47-38	Liverpool RC
91	583	Siobhan Woods (f)	47-47	Liverpool RC
92	529	Honor Duffield (f)	48-00	Skem Boundary Harriers
93	693	Lisa Crosby (f)	48-02	Mossley Hill AC
94	643	Ian White	48-18	St Helens Sutton
95	533	Aimee Bartley (f)	48-24	Wirral AC
96	543	Mike Stone	48-37	Wirral AC
97	561	Peter Leadbeater	48-40	Knowsley Harriers
98	599	Robert Burke	48-44	Liverpool RC
99	598	Graham Cushion	48-47	Liverpool RC
100	518	Matt Nelson	48-51	Southport Waterloo AC
101	603	Andrew Conway	49-15	Liverpool Pem and Sefton
102	690	Matt Owens	49-23	Mossley Hill AC
103	545	Pete Weatherhead	49-27	Wirral AC
104	691	Matt Colins	49-28	Mossley Hill AC

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105	596	Mark Scott	49-32	Liverpool RC
106	677	Helen Stansfield (f)	49-45	Wallasey AC
107	658	Derek McArdle	49-55	Wallasey AC
108	675	Zoe Pearse (f)	50-10	Wallasey AC
109	507	Cristina Puccini (f)	50-21	Penny Lane Striders
110	685	Helen Davies (f)	50-27	Mossley Hill AC
111	676	Mary Rees (f)	50-44	Wallasey AC
112	656	Dave McAllister	50-50	Wallasey AC
113	563	Kieron Carr	50-53	Knowsley Harriers
114	678	Helen Symonds (f)	51-06	Wallasey AC
115	602	George Pierce	51-08	Liverpool RC
116	506	Marty Hirrell	51-14	Penny Lane Striders
117	574	Philip Hagan	51-22	Knowsley Harriers
118	560	Arthur Cross	51-25	Knowsley Harriers
119	524	Andy Dalton	51-31	Skem Boundary Harriers
120	653	Mike Griffiths	51-38	Wallasey AC
121	646	Steve Armstrong	51-54	Wallasey AC
122	671	Vicky Kehoe (f)	52-16	Wallasey AC
123	562	Janet Owens (f)	52-47	Knowsley Harriers
124	640	Louise Hogg (f)	53-10	St Helens Sutton
125	527	Carole Quirk (f)	53-31	Skem Boundary Harriers
126	605	John Dobie	53-49	Liverpool Pem and Sefton
127	520	Billy Hargreaves	53-50	Southport Waterloo AC
128	686	Paula Dixon (f)	53-51	Mossley Hill AC
129	566	Robert Warrior	54-25	Knowsley Harriers
130	568	Frank Murphy	54-41	Knowsley Harriers
131	680	Beckie Sargent (f)	54-57	Mossley Hill AC
132	687	Colin Sefton	55-24	Mossley Hill AC
133	648	Pete Brunt	55-30	Wallasey AC
134	526	Janet Walker (f)	55-47	Skem Boundary Harriers
135	667	Michelle Alty (f)	56-05	Wallasey AC
136	586	Rebecca Burke (f)	57-11	Liverpool RC
137	554	Anja Dunsch (f)	57-15	Knowsley Harriers
138	578	Stuart Atherton	57-20	Knowsley Harriers
139	672	Sharon Lamont (f)	57-22	Wallasey AC
140	528	Jane Woodburn (f)	57-58	Skem Boundary Harriers
141	565	Susan Hamley (f)	58-57	Knowsley Harriers
142	673	Louise Marsden (f)	59-09	Wallasey AC
143	575	Anne Phillips (f)	59-28	Knowsley Harriers
144	601	Tony Holmes	59-31	Liverpool RC
145	576	Kathryn Griffin (f)	60-11	Knowsley Harriers
146	591	Phil O'Rourke	60-17	Liverpool RC
147	689	Katrina Isle (f)	61-35	Mossley Hill AC
148	669	Alison Engle (f)	62-09	Wallasey AC
149	660	Keith Marsden	62-24	Wallasey AC
150	585	Rachel Burke (f)	64-14	Liverpool RC
151	584	Sue Burke (f)	64-34	Liverpool RC
152	668	Cate Cuthbert (f)	65-03	Wallasey AC

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Team Results	
Liverpool Harriers	34
Liv Pem and Sefton	132
Southport Waterloo	153
Wirral AC	170
Wallasey	201
Liverpool RC	215
Knowsley Harriers	240
West Cheshire AC	395
Penny Lane Striders	396
Mossley Hill AC	423
St Helens Sutton	452
Skem Boundary H	669