

Liverpool and District Cross Country 2016/17
CHAMPIONSHIP

Position	Name	Club	Time
1	Dejene Gezimu	Liverpool Harriers	33-26
2	Aaron Jarvis	Liverpool Harriers	34-02
3	Phil Robertson	Wirral AC	34-27
4	Matthew Crehan	St. Helens Sutton	34-38
5	Martin Swensson	Penny Lane Striders	34-53
6	Euan Martin	Liverpool Harriers	35-15
7	Kevin Usher	Liverpool Pembroke and Sefton	35-41
8	Dave Brockway	Wirral AC	35-44
9	Dave Hamilton	SWAC	35-45
10	Mark Clair	Knowsley Harriers	35-53
11	Stephen Watkin	Penny Lane Striders	36-12
12	Mark Wynne	Liverpool Pembroke and Sefton	36-14
13	Rob Grantham	Chester Tri	36-28
14	Richard Weeks	Liverpool Pembroke and Sefton	37-18
15	Paul Sankey	Liverpool Harriers	37-19
16	Lawrence Eccles	Penny Lane Striders	37-28
17	Rob Dewhurst	Liverpool Harriers	37-34
18	Steven Anders	St. Helens Sutton	37-40
19	Colin Bishop	Helsby RC	37-51
20	Sammy Rashid	Liverpool Pembroke and Sefton	37-52
21	Rob Pearse	Wallasey AC	37-58
22	Greg Jones	Wallasey AC	38-05
23	Paul Hughes	Penny Lane Striders	38-21
24	John Hunt	Wirral AC	38-33
25	Neil Finegan	Helsby AC	38-36
26	Gemma Connolly (f)	St. Helens Sutton	38-39
27	Andrew Wilson	St. Helens Sutton	38-48
28	Patrick Boyle	Liverpool RC	38-52
29	Steve Spence	Wirral AC	39-02
30	Alex Dowin	Penny Lane Striders	39-04
31	Dan Morgan	Wirral AC	39-12
32	Graham Douglas	Penny Lane Striders	39-21
33	Colin Potts	Liverpool Harriers	39-26
34	Connor McArdle	Wallasey AC	39-28
35	Phil Riding	Penny Lane Striders	39-47
36	Simon Wilde	Chester Tri	39-51
37	Dave Norman	Wirral AC	39-54
38	Greg Williams	St. Helens Sutton	40-08
39	David Twigg	St. Helens Sutton	40-11
40	Tony Barbat	Wallasey AC	40-12
41	Danny Gilbody	Liverpool Pembroke and Sefton	40-15
42	John Connolly	Liverpool Harriers	40-25
43	Will Ferguson	Wirral AC	40-28
44	John Sprackland	SWAC	40-31
45	Mike Kelly	Wallasey AC	40-48

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46	Chris Pedder	Liverpool Pembroke and Sefton	40-52
47	Sean Kirkbride	Liverpool Pembroke and Sefton	40-58
48	Michael Waring	Chester Tri	41-05
49	Kevin Walker	Skem Bounday Harriers	41-06
50	Mathew Skaife	Mossley Hill AC	41-09
51	Ian Rutherford	Helsby AC	41-16
52	Phil Cuthbert	Wallasey AC	41-20
53	Rob Garth	Penny Lane Striders	41-29
54	Richard Talbot	SWAC	41-31
55	Richard Bargh	Wirral AC	41-34
56	Jack Poland	Wallasey AC	41-49
57	Hazel MacCormick (f)	Penny Lane Striders	41-51
58	Andrew Foster	Liverpool Pembroke and Sefton	42-07
59	Alex Rigby	Liverpool RC	42-08
60	James Thomson	Knowsley Harriers	42-10
61	Dom Cooper	Mossley Hill AC	42-15
62	Richard Thorpe	Penny Lane Striders	42-25
63	Phil Tomkinson	Helsby AC	42-48
64	Stephen Doyle	Knowsley Harriers	42-53
65	Andy Keeley	Penny Lane Striders	43-00
66	Matt Collins	Mossley Hill AC	43-02
67	Davyd Michell	Helsby AC	43-06
68	Paul Owens	Liverpool Harriers	43-10
69	Charlotte Wilson Dewhurst (f)	Liverpool Harriers	43-15
70	Paul Wilcox	Liverpool RC	43-30
71	Nick Wilson	Wirral AC	43-33
72	Robbie Wood	Liverpool Pembroke and Sefton	43-38
73	Tadie Aneki	Knowsley Harriers	43-47
74	Lisa Grantham (f)	Chester Tri	43-56
75	Antra Balcuma (f)	Mossley Hill AC	44-21
76	Mike Aisbitt	Skem Bounday Harriers	44-25
77	Rachel McGoldrick (f)	St. Helens Sutton	44-37
78	Ian Russell	Penny Lane Striders	44-41
79	Bree Sutcliffe (f)	Chester Tri	44-44
80	Ian Atkinson	Ellsemere Port AC	44-49
81	Helen Stansfield (f)	Wallasey AC	44-53
82	Steve Lennon	Liverpool Pembroke and Sefton	44-56
83	Honor Thompson (f)	Skem Bounday Harriers	44-58
84	Michael Connor	Knowsley Harriers	45-03
85	John Jensen	Penny Lane Striders	45-21
86	Pete Fraser	Wirral AC	45-27
87	Dave Wright	SWAC	45-31
88	Tony Metcalfe	Mossley Hill AC	45-33
89	Iain Wood	Chester Tri	45-45
90	Mark Hudson	Liverpool Pembroke and Sefton	46-00
91	Paul Skaife	Mossley Hill AC	46-23
92	Rachel Beesley (f)	St. Helens Sutton	46-27

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93	Mike Stone	Wirral AC	46-32
94	Graham Cushion	Liverpool RC	46-45
95	Vicky Jones (f)	Liverpool Pembroke and Sefton	46-49
96	Steve Riley	Helsby AC	46-55
97	Amy Corfield (f)	St. Helens Sutton	46-58
98	Steve Dipple	Penny Lane Striders	47-19
99	Leon Hill	St. Helens Sutton	47-30
100	Neil Silcock	SWAC	47-59
101	Janet Owens (f)	Knowsley Harriers	48-02
102	Matt Nelson	SWAC	48-11
103	Mark Glaister	Skem Bounday Harriers	48-13
104	Vicky Kehoe (f)	Wallasey AC	48-25
105	Tony Holmes	Liverpool RC	48-29
106	Helen Symonds (f)	Wallasey AC	48-38
107	Ian Jelly	Chester Tri	48-55
108	Christina Roach (f)	Helsby AC	49-01
109	Dave McAlister	Wallasey AC	49-04
110	Tommy Burke	Penny Lane Striders	49-07
111	Tom Clarke	Mossley Hill AC	49-11
112	Derek McArdle	Wallasey AC	49-23
113	Neil Jenkins	Chester Tri	49-26
114	Tony Man	Penny Lane Striders	49-29
115	Paul Cunningham	Helsby AC	49-35
116	Timo Giesbreeht	Mossley Hill AC	49-44
117	Marty Hirrell	Penny Lane Striders	49-53
118	Mary Rees (f)	Wallasey AC	50-01
119	Alan Spinks	Mossley Hill AC	50-05
120	Paul Thelwell	Wallasey AC	50-12
121	George Pierce	Liverpool RC	50-20
122	Andrew Conway	Liverpool Pembroke and Sefton	50-20
123	Neil Goulding	Skem Bounday Harriers	50-32
124	Colin Sefton	Mossley Hill AC	50-37
125	Jess McKinley (f)	Wallasey AC	50-39
126	Paul Rudkin	Liverpool Pembroke and Sefton	50-42
127	Ray Vose	St. Helens Sutton	51-08
128	Suzie Hamley (f)	Knowsley Harriers	51-44
129	John Dobie	Liverpool Pembroke and Sefton	52-27
130	Steve Armstrong	Wallasey AC	52-38
131	Suzanne Fletcher (f)	Helsby AC	52-49
132	Rachel Arnold (f)	Helsby AC	52-56
133	Chris Morgan	Helsby AC	53-04
134	Kenny Garner	Mossley Hill AC	53-10
135	Adrienne Hall (f)	Wallasey AC	53-26
136	Jim Pettitt	Mossley Hill AC	53-32
137	Dawn Fairclough (f)	Liverpool RC	54-19
138	Janet Walker (f)	Skem Bounday Harriers	54-26
139	Sharon Lamont (f)	Wallasey AC	55-03

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140	Rebecca Burke (f)	Liverpool RC	55-39
141	Robert Burke	Liverpool RC	55-39
142	Keith Marsden	Wallasey AC	55-40
143	Claire Wright (F)	Liverpool RC	55-42
144	Jan McArd (f)	Wallasey AC	55-44
145	Andy Dalton	Skem Bounday Harriers	55-52
146	Louise Marsden (f)	Wallasey AC	56-45
147	Pete Brunt	Wallasey AC	59-20
148	Claire Marsden (f)	Wallasey AC	59-54
149	Rachel Saunders (f)	Wallasey AC	61-16
150	Katherine Holley (f)	Wallasey AC	61-30
151	Sue Burke (F)	Liverpool RC	62-35
152	Diane McArdle (f)	Wallasey AC	62-41
153	Cate Cuthbert (f)	Wallasey AC	64-13
154	Renee White (f)	Wallasey AC	67-24

1	Liverpool Harriers	74
2	Penny Lane Striders	117
3	Wirral AC	132
4	Liverpool Pem and Sefton	140
5	St Helens Sutton	152
6	Wallasey AC	214
7	Helsby RC	321
8	Chester Tri	339
9	Knowsley Harriers	392
10	SWAC	396
11	Mossley Hill AC	431
12	Liverpool RC	487
13	Skem Boundary Harriers	572