

## 2023-LD-champs-results

## Liverpool &amp; District Cross Country Union 2023 Championships

Position	Actual Time	First Name	Surname	Club Name	Age	Sex
1	00:28:57	Charlie	Roberts	St Hel Sutt	19	M
2	00:29:04	Matt	Crehan	St Hel Sutt	31	M
3	00:30:13	Matthew	Leahy	Liverpool H	35	M
4	00:30:37	Adam	Ferris	Liverpool H	21	M
5	00:30:40	Dylan	Naylor	Liverpool H	28	M
6	00:31:12	Dean	Hanwell	Liverpool H	37	M
7	00:31:17	Matthew	Skaiffe	Liverpool H	21	M
8	00:31:23	Stephen	Campbell	Liverpool H	34	M
9	00:31:36	Tom	Griffiths	St Hel Sutt	34	M
10	00:31:49	Tom	Dempsey	Liverpool H	33	M
11	00:31:52	Jake	Stafford	Liverpool H	18	M
12	00:32:24	Steve	Anders	St Hel Sutt	43	M
13	00:32:34	Andrew	Brookshaw	Helsby	40	M
14	00:32:39	Francois	Rafferty	SWAC	64	M
15	00:32:41	Will	Hine	Mossley Hill AC	32	M
16	00:32:43	Elliot	Kerins	Penny Lane	31	M
17	00:32:45	James	Mackie	Wirral AC	48	M
18	00:33:13	Jack	Poland	Wallasey AC	33	M
19	00:33:18	Chris	Birkett	St Hel Sutt	40	M
20	00:33:45	Rob	Pearse	Wallasey AC	49	M
21	00:33:50	Matthew	Blake	St Hel Sutt	30	M
22	00:33:53	David	Willshire	Penny Lane	40	M
23	00:34:10	Sam	Oliver	Chester Tri	18	M
24	00:34:11	Lawrance	Eccles	Penny Lane	40	M
25	00:34:12	Robert	Owens	Knowsley H	41	M
26	00:34:13	Alex	Cowin	Penny Lane	43	M
27	00:34:17	Richard	Burrows	UTS RC	33	M
28	00:34:21	Paul	Sankey	Liverpool H	54	M
29	00:34:25	Thomas	Harkin	Liv Pem Sefton	50	M
30	00:34:42	Andy	Wilison	St Hel Sutt	50	M
31	00:34:46	Sophie	Pyke	Penny Lane	22	F
32	00:34:54	Lee	Midghall	Liverpool H	48	M
33	00:34:56	Nigel	Smith	Chester Tri	48	M
34	00:35:12	Mike	Brussels	St Hel Sutt	19	M
35	00:35:14	Simon	Oliver	Chester Tri	48	M
36	00:35:16	Robert	Eagles	Penny Lane	37	M
37	00:35:18	Paul	Owen	Liverpool H	21	M
38	00:35:19	Alex	Waddelove	SWAC	30	M
39	00:35:20	Laura	Quine	Liverpool H	35	F
40	00:35:26	Callum	Grant	Liverpool H	27	M
41	00:35:33	Niamh	Donnelly	Liverpool H	20	F
42	00:35:53	Phil	Riding	Penny Lane	48	M
43	00:35:58	Stephen	Spence	Wirral AC	53	M
44	00:36:00	Laura	Reilly	Mossley Hill AC	27	F
45	00:36:21	William	Ferguson	Wirral AC	36	M
46	00:36:34	Peter	Roome	SWAC	58	M
47	00:36:40	Richard	Bargh	Wirral AC	37	M
48	00:36:50	Mark	Hulmston	Wirral AC	48	M
49	00:37:07	Ken	Lennon	SWAC	61	M
50	00:37:17	Chris	Ball	Wirral AC	52	M
51	00:37:18	Mike	Waring	Chester Tri	55	M

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52	00:37:34	Paul	Gray	Penny Lane	54 M
53	00:37:37	Marc	Singer	SWAC	50 M
54	00:37:39	Ellie	Fielding	Mossley Hill AC	33 F
55	00:37:46	Olivia	Stones	Liverpool H	23 F
56	00:37:49	Eamon	Cullen	Mossley Hill AC	33 M
57	00:37:54	Sasha	Ryan	Liverpool H	28 F
58	00:38:04	Steve	Cosgrove	Wallasey AC	37 M
59	00:38:21	Stuart	Atherton	Knowsley H	41 M
60	00:38:28	Mike	Aisbitt	Skem Bound	49 M
61	00:38:30	Paul	Cheetham	Skem Bound	51 M
62	00:38:51	Ryan	Molyneux	St Hel Sutt	21 M
63	00:38:56	Eddie	Austin	Chester Tri	59 M
64	00:38:59	Barry	Graney	St Hel Sutt	55 M
65	00:39:06	Ian	Hewitt	Liv Run Bugs	47 M
66	00:39:10	Jon	Grieve	Knowsley H	38 M
67	00:39:16	Dominic	Cooper	Mossley Hill AC	40 M
68	00:39:17	Thomas	Webster	Liverpool H	18 M
69	00:39:20	Andrea	Bond	Penny Lane	44 F
70	00:39:31	Becky	Blacklock	Wallasey AC	30 F
71	00:39:46	Luke	Hart	Liv Run Bugs	29 M
72	00:39:47	Richard	Latten	UTS RC	46 M
73	00:39:57	Philip	Taylor	Knowsley H	38 M
74	00:39:59	Mike	Dyson	Wallasey AC	59 M
75	00:40:01	Taylor	Massey	St Hel Sutt	19 F
76	00:40:06	Billy	Dean	Mossley Hill AC	46 M
77	00:40:09	Eleanor	Perkins	Chester Tri	32 F
78	00:40:15	Mark	Hudson	Liv Pem Sefton	63 M
79	00:40:26	Robert	Duckers	Chester Tri	40 M
80	00:40:30	Lucy	Clitheroe	St Hel Sutt	19 F
81	00:40:31	Tony	Metcalfe	Mossley Hill AC	68 M
82	00:40:39	Ian	Atkinson	Chester Tri	59 M
83	00:40:53	Adam	Jones	Mossley Hill AC	30 M
84	00:40:56	Joel	Smith	UTS RC	23 M
85	00:40:58	Lenka	Vidamour	Penny Lane	42 F
86	00:41:03	John	Bassett	Wallasey AC	57 M
87	00:41:04	Martin	Johnson	St Hel Sutt	40 M
88	00:41:34	Chris	Pedder	Liv Pem Sefton	66 M
89	00:41:36	Gemma	Kelly	Chester Tri	36 F
90	00:41:38	Elaine	Opara	Wallasey AC	43 F
91	00:41:42	Vicky	McConnell	Wallasey AC	37 F
92	00:41:46	Josh	Ayres	Mossley Hill AC	31 M
93	00:41:49	Alice	Fraser	Penny Lane	32 F
94	00:41:50	Sonya	Monaghun	St Hel Sutt	50 F
95	00:41:50	Amy	Upton	St Hel Sutt	30 F
96	00:41:54	Kate	Langley	Mossley Hill AC	29 F
97	00:41:59	Michelle	Alty	Wallasey AC	55 F
98	00:42:10	Robert	Burke	Liverpool RC	58 M
99	00:42:21	Haley	Fairclough	Penny Lane	40 F
100	00:42:22	Tony	Holmes	Liverpool RC	62 M
101	00:42:26	Tim	Raynor	Liv Run Bugs	61 M
102	00:42:28	Tilly	Brindle	Mossley Hill AC	30 F
103	00:42:30	Steve	Norton	Wallasey AC	59 M
104	00:42:42	John	McCaffrey	Knowsley H	40 M

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105	00:42:58	Brian	Seal	Wallasey AC	35 M
106	00:43:08	Sue	Johnson	St Hel Sutt	40 F
107	00:43:09	Ester	Lindsey	UTS RC	32 F
108	00:43:13	Charlie	Anderson	Liv Run Bugs	50 M
109	00:43:20	Karl	Craige	Liv Run Bugs	49 M
110	00:43:29	Andrew	Trimwell	Liv Run Bugs	45 M
111	00:43:34	Neil	Goulding	Skem Bound	49 M
112	00:43:43	Anna	Kenny	Wallasey AC	41 F
113	00:43:48	Chris	Rhodes	Chester Tri	65 M
114	00:43:58	Peter	Barham	Wallasey AC	52 M
115	00:44:06	Sarah	Jackson	Penny Lane	45 F
116	00:44:27	Sue	Reynolds	Wallasey AC	49 F
117	00:44:29	Sarah	Birkett	St Hel Sutt	35 F
118	00:44:58	Nick	Paul	Skem Bound	60 M
119	00:45:02	Alan	Spinks	Mossley Hill AC	32 M
120	00:45:13	Kieron	Carr	Liv Run Bugs	54 M
121	00:45:36	Peter	Bibby	Mossley Hill AC	39 M
122	00:45:49	Steve	Collyer	Chester Tri	52 M
123	00:45:50	Leon	Summerfield	Wallasey AC	50 M
124	00:46:09	Jon	Reynolds	Liverpool RC	50 M
125	00:46:19	Rebecca	Foy	Mossley Hill AC	33 F
126	00:46:22	Kat	Cowdray	Wallasey AC	38 F
127	00:46:30	Jen	Ryan	Wallasey AC	17 F
128	00:46:31	Katrin	Ryan	Wallasey AC	50 F
129	00:46:40	Phil	Stanley	UTS RC	59 M
130	00:47:01	Ian	Ainscough	Chester Tri	65 M
131	00:47:04	Kate	Litherland	Chester Tri	44 F
132	00:47:07	Catherine	Reilley	UTS RC	44 F
133	00:47:13	Rose	Symms	Chester Tri	68 F
134	00:47:40	Chris	Owen	Liv Run Bugs	30 M
135	00:47:41	Heather	Rooper	Skem Bound	51 F
136	00:48:15	James	Baker	Liv Run Bugs	35 M
137	00:48:22	Ian	Costello	St Hel Sutt	52 M
138	00:48:28	Eleanor	Barlow	Liverpool RC	36 F
139	00:49:14	Kirsty	Greenwood	Wallasey AC	31 F
140	00:49:15	Sharron	Ainslie	Wallasey AC	51 F
141	00:49:46	Lesley	Cucksey	Wallasey AC	61 F
142	00:49:50	Heather	Davies	Knowsley H	32 F
143	00:50:01	Marie	Hunter	Wallasey AC	44 F
144	00:50:10	Mark	Scott	Liverpool RC	56 M
145	00:50:23	Alan	Spencer	Knowsley H	62 M
146	00:50:33	Ruth	Hewitt	Liv Run Bugs	45 F
147	00:51:00	Andrew	Conway	Liv Pem Sefton	57 M
148	00:52:29	Emma	Raynor	Liv Run Bugs	28 F
149	00:54:30	Sharon	Lamont	Wallasey AC	59 F
150	00:54:31	Phil	Thorp	Liv Run Bugs	64 M
151	00:54:39	Nicola	Roberts	Knowsley H	41 F
152	00:56:08	Mary	Magee	Wallasey AC	52 F
153	00:56:23	Susan	Burke	Liverpool RC	59 F
154	00:56:40	Damien	Sweeney	Liv Run Bugs	57 M
155	00:57:59	Alison	Engle	Wallasey AC	51 F
156	00:58:23	Caet	Cuthbert	Wallasey AC	50 F
157	00:59:47	Tracey	Carr	Liv Run Bugs	58 F

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158	01:02:03	Nicci	Chapman	Wallasey AC	41 F
159	01:02:03	Kath	Andrews	Wallasey AC	42 F
160	01:07:22	John	Dobie	Liv Pem Sefton	76 M
161	01:08:37	Samantha	Gothard	Knowsley H	45 F

Mens team

1	Liverpool H	33
2	St Hel Sutton	64
3	Penny L	162
4	Wirral AC	250
5	Chester	260
6	Wallasey	306
7	Mossley H	331
8	Liv Bugs	447
9	Knowsley H	472

Women

1	Liverpool H	135
2	Penny L	185
3	Mossley H	206
4	St Helens	249
5	Wallasey	251
6	Chester	307
7	Knowsley H	454