

Liverpool and Dsitric XC 2016/17 Arrowe Park
Sat 29th October 2016

Position	Name	Club	M/F	Time
1	Richie Burney	Liverpool Harriers	M	31-38
2	Phil Robertson	Wirral AC	M	31-58
3	Charla Hassan	Liverpool Harriers	M	32-17
4	Martin Swensson	Penny Lane Striders	M	32-39
5	Phil Langan	Wirral AC	M	32-43
6	Ian Moran	Liverpool Harriers	M	33-25
7	Lee Siemaszko	Liverpool Harriers	M	33-32
8	Dave Brockway	Wirral AC	M	33-52
9	Thomas Griffiths	St. Helens Sutton	M	34-01
10	Matt Crehan	St. Helens Sutton	M	34-20
11	Joe Boden	Wallasey AC	M	34-25
12	Steve Anders	St. Helens Sutton	M	34-27
13	Lawrence Eccles	Penny Lane Striders	M	34-58
14	Dale Higham	Liverpool Harriers	M	35-05
15	Greg Jones	Wallasey AC	M	35-06
16	James Loftus	Liverpool Pembroke and Sefton	M	35-37
17	Peter Fairclough	St. Helens Sutton	M	35-43
18	Connor McArdle	Wallasey AC	M	35-47
19	Ben Fletcher	Helsby RC	M	35-52
20	Neil Finnegan	Helsby RC	M	35-56
21	John Armstrong	Wallasey AC	M	36-02
22	Sean Kirkbride	Liverpool Pembroke and Sefton	M	36-09
23	Peter Gaskell	Liverpool Pembroke and Sefton	M	36-23
24	Richard Weeks	Liverpool Pembroke and Sefton	M	36-24
25	Mike Green	Wallasey AC	M	36-26
26	Paul Hancock	Chester Tri Club	M	36-27
27	Rob Pearse	Wallasey AC	M	36-28
28	Mark Hulmston	Wirral AC	M	36-29
29	John Greenall	St. Helens Sutton	M	36-30
30	Mathew Skaife	Mossley Hill AC	M	36-32
31	Ian Hayburn	St. Helens Sutton	M	36-33
32	Alex Rigby	Liverpool RC	M	36-34
33	Daniel Morgan	Wirral AC	M	36-38
34	Mark Davies	West Cheshire AC	M	36-40
35	Bryan Stevenson	Wallasey AC	M	36-47
36	Will Ferguson	Wirral AC	M	36-48
37	John Connelly	Liverpool Harriers	M	36-48
38	Steve Spence	Wirral AC	M	37-01
39	Michael Lee	Chester Tri Club	M	37-03
40	Jez Fellick	Wallasey AC	M	37-08
41	Ian Costello	St. Helens Sutton	M	37-11
42	Simon Fox	Wirral AC	M	37-13
43	Bernie Murphy	Liverpool Pembroke and Sefton	M	37-16
44	Tony Barbat	Wallasey AC	M	37-19
45	Ian Rutherford	Helsby RC	M	37-26
46	James Warner Smith	Guest runner	M	37-32
47	Chris Bayham-Hughes	Helsby RC	M	37-42
48	Kevin Buxton	Wirral AC	M	37-54
49	Rachael Fairclough (1st Lady)	St. Helens Sutton	F	37-56

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Position	Name	Club	M/F	Time
50	Colin Palmer	Wallasey AC	M	38-03
51	John Halson	Liverpool Pembroke and Sefton	M	38-05
52	Danny Gilbody	Liverpool Pembroke and Sefton	M	38-19
53	Mike Kelly	Wallasey AC	M	38-24
54	Jack Poland	Wallasey AC	M	38-27
55	Sarah Kearney (2nd Lady)	Wirral AC	F	38-29
56	Robert Collins	Liverpool RC	M	38-39
57	Dominic Cooper	Mossley Hill AC	M	38-40
58	David Twigg	St. Helens Sutton	M	38-47
59	Melanie Edwards (3rd Lady)	Liverpool Harriers	F	38-49
60	Christian Harvey	Knowsley Harriers AC	M	38-49
61	Michael Waring	Chester Tri Club	M	38-50
62	Philip Tomkinson	Helsby RC	M	39-07
63	Chris Murray	Helsby RC	M	39-20
64	Barry Graney	St. Helens Sutton	M	39-28
65	Peter Craven	Mossley Hill AC	M	39-33
66	Kevin Walker	Skem Boundary Harriers	M	39-36
67	Phil Cuthbert	Wallasey AC	M	39-37
68	Matt Colins	Mossley Hill AC	M	39-38
69	Mark Hughes	Wirral AC	M	39-42
70	Keith Simpson	Wallasey AC	M	39-45
71	Daren Dowelah	Wirral AC	M	39-46
72	Brian Beecroft	Wirral AC	M	39-46
73	Robbie Wood	Liverpool Pembroke and Sefton	M	39-47
74	Stephen Spall	Chester Tri Club	M	40-11
75	Paul Skaife	Mossley Hill AC	M	40-19
76	Nick Wilson	Wirral AC	M	40-21
77	Mike Bride	Liverpool Pembroke and Sefton	M	40-30
78	Phil Bird	Wallasey AC	M	40-38
79	Lee Warbuton	Penny Lane Striders	M	40-49
80	Chris Gibbs	Wirral AC	M	40-59
81	John Sealey	Guest runner	M	41-13
82	Dean Wilson	Liverpool RC	M	41-16
83	Jonathan Fisher	Liverpool RC	M	41-19
84	Sallie Holt	Wallasey AC	F	41-22
85	James Atkinson	Chester Tri Club	M	41-33
86	Peter Fraser	Wirral AC	M	41-35
87	Paul Collins	Wirral AC	M	41-36
88	Gonelt Langford	Wirral AC	M	41-42
89	William Thomas	Chester Tri Club	M	41-46
90	Pete Clarke	Wallasey AC	M	41-59
91	John Robb	Chester Tri Club	M	42-06
92	Paul Cubbins	Wallasey AC	M	42-11
93	Iain wood	Chester Tri Club	M	42-14
94	John Bassett	Wallasey AC	M	42-20
95	Jeremie Le-Normand	Wallasey AC	M	42-30
96	Mark Hudson	Liverpool Pembroke and Sefton	M	42-37
97	Graham Stuart	Liverpool RC	M	42-39
98	Gillian Verdin	Liverpool RC	F	42-41

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Position	Name	Club	M/F	Time
99	Dave Nalder	Elsemere Port RC	M	43-01
100	Helen Stansfield	Wallasey AC	F	43-18
101	Mal Boyes	Mossley Hill AC	M	43-22
102	George Pearson	Liverpool RC	M	43-34
103	George McCann	Liverpool RC	M	43-34
104	William Meritt	Knowsley Harriers AC	M	43-39
105	Andy O'Connor	St. Helens Sutton	M	43-44
106	Helen Symonds	Wallasey AC	F	43-45
107	Mike Stone	Wirral AC	M	43-48
108	Marty Hirrell	Penny Lane Striders	M	43-49
109	Davyd Michell	Helsby RC	M	43-52
110	Emma Taylor	Guest runner	F	44-02
111	Paul Cheetham	Skem Boundary Harriers	M	44-10
112	Rachael Beasley	St. Helens Sutton	F	44-28
113	Steve Holliman	Chester Tri Club	M	44-34
114	Stuart Atherton	Knowsley Harriers AC	M	44-36
115	Terry Turner	Liverpool RC	M	44-45
116	Amy Corfield	St. Helens Sutton	F	45-10
117	Dave McAlister	Wallasey AC	M	45-14
118	Derek McArdle	Wallasey AC	M	45-31
119	Neil Jenkins	Chester Tri Club	M	45-40
120	Mary Rees	Wallasey AC	F	45-51
121	Ben Darby	Guest runner	M	45-52
122	Paul Thelwell	Wallasey AC	M	46-04
123	Alan Spinks	Mossley Hill AC	M	46-12
124	Andy Bates	Penny Lane Striders	M	46-22
125	Imogen Trafford	Guest runner	F	46-25
126	Dave Hechle	Guest runner	M	46-30
127	James Roberts	Penny Lane Striders	M	46-42
128	Colin Sefton	Mossley Hill AC	M	47-07
129	Steve Armstrong	Wallasey AC	M	47-09
130	Kate Ryan	Wallasey AC	F	47-11
131	Anja Dunsch	Knowsley Harriers AC	F	47-13
132	Chris Pownell	Knowsley Harriers AC	M	47-13
133	Billy Hargreaves	Southport Waterloo	M	47-33
134	Abbie Bulbulian	Guest runner	F	47-34
135	Dave Taylor	Chester Tri Club	M	47-46
136	John Dobie	Liverpool Pembroke and Sefton	M	47-49
137	David Lawton	Guest runner	M	47-52
138	Melissa Dizon	Guest runner	F	47-52
139	Mark Scott	Liverpool RC	M	48-14
140	Rachael Arnold	Helsby RC	F	48-21
141	Mike Griffiths	Wallasey AC	M	48-36
142	Sharon Lamont	Wallasey AC	F	49-06
143	Kenny Garner	Mossley Hill AC	M	49-17
144	Pete McArdle	Wallasey AC	M	49-27
145	Rachael Saunders	Wallasey AC	F	49-43
146	Pete Barham	Wallasey AC	M	49-49
147	Jim Atkins	Wirral AC	M	49-58

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Position	Name	Club	M/F	Time
148	Sally Napthen	Chester Tri Club	F	50-37
149	Ray Vose	St. Helens Sutton	M	50-42
150	Michelle Alty	Wallasey AC	F	51-00
151	Julie Barbat	Wallasey AC	F	51-32
152	Vicki Collins	Liverpool RC	F	51-34
153	Catherine Burke	Guest runner	F	52-06
154	Jackie Keasley	Helsby RC	F	52-16
155	Keith Marsden	Wallasey AC	M	52-29
156	Janet Walker	Skem Boundary Harriers	F	53-17
157	Jan McArd	Wallasey AC	F	53-26
158	Louise Marsden	Wallasey AC	F	54-14
159	Nicci Davies	Wallasey AC	F	55-02
160	Katie Bellew	Wallasey AC	F	55-51
161	Diane McArdle	Wallasey AC	F	56-24
162	Claire Marsden	Wallasey AC	F	57-12
163	Kareen Porschke	Wallasey AC	F	58-41
164	Rolf Westrum	Wallasey AC	M	67-25

Club League Places

Position	Club	Points
1	Liverpool Harriers	68
2	St. Helens Sutton	108
3	Wirral	112
4	Wallasey AC	117
5	Liv Pembroke and Sefton	179
6	Helsby RC	256
7	Chester Tri Club	374
8	Mossley Hill AC	396
9	Liverpool RC	448
10	Penny Lane Striders	455
11	Knowlsey Harriers	706